

# EXPLAIN THE WAY

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Michael Vera-Lobos

**Music:** Only Know That I Do by Adam Gregory

## **ROCK BACK, ROCK FORWARD, STEP FORWARD, $\frac{1}{4}$ TWIST, TWIST LEFT, TWIST RIGHT TURNING $\frac{1}{4}$ LEFT, STEP FORWARD, $\frac{1}{2}$ PIVOT**

**1-2-3-4** Rock back right, rock forward on left, step forward right, pivot  $\frac{1}{4}$  left (end weight even) (9:00)

**5-6-7-8** Twist heels left, twist heels right turning  $\frac{1}{4}$  left (end weight left), step forward right, pivot  $\frac{1}{2}$  left (12:00)

## **ROCK FORWARD, ROCK BACK, COASTER CROSS, SIDE ROCK, $\frac{1}{4}$ ROCK RIGHT, $\frac{1}{4}$ RIGHT, $\frac{1}{2}$ RIGHT**

**1-2-3&4** Rock forward right, rock back on left, step back right & step left beside right, cross right over left (12:00)

**5-6-7-8** Rock left to left side, rock weight center on right turning  $\frac{1}{4}$  right, turn a further  $\frac{1}{4}$  right stepping on left, turn a further  $\frac{1}{2}$  right stepping onto right (12:00)

## **CROSS, STEP SIDE, SAILOR $\frac{1}{4}$ TURN, $\frac{1}{4}$ STEP, SAILOR $\frac{1}{4}$ TURN, $\frac{1}{4}$ STEP**

**1-2-3&4** Cross step left over right, step right to right, sailor left turning  $\frac{1}{4}$  left (9:00)

**5-6&7-8** Turn a further  $\frac{1}{4}$  left stepping onto right, sailor left turning  $\frac{1}{4}$  left, turn a further  $\frac{1}{4}$  left stepping onto right (12:00)

## **BEHIND, SIDE, CROSS, SIDE ROCK, $\frac{1}{4}$ ROCK, $\frac{1}{2}$ TURN, FULL TURN, SHUFFLE FORWARD**

**1&2-3-4** Travel right - cross left behind right & step right to right, cross left over right, rock right to right, turning  $\frac{1}{4}$  right rock weight onto left (3:00)

**5-6-7&8** Turn  $\frac{1}{2}$  right stepping onto right, traveling forward turn a full turn over right stepping onto left, shuffle forward right (9:00)

## **ROCK FORWARD, ROCK BACK, $\frac{1}{2}$ TURN, FULL TURN, SHUFFLE FORWARD, ROCK FORWARD, ROCK BACK**

**1-2-3-4** Rock forward left, rock back on right, turn  $\frac{1}{2}$  left stepping onto left, traveling forward turn a full turn over left stepping onto right

**5&6-7-8** Shuffle forward left stepping left, right, left, rock forward right, rock back on left (3:00)

## **CROSS BEHIND, SWEEP SIDE, BEHIND, ¼, SIDE, SAILOR STEP, TOUCH BEHIND, FULL UNWIND**

**1-2-3&4** Cross right behind left, sweep left to left side, cross step left behind right & turn ¼ right stepping onto right, step left to left side (6:00)

**On wall 2 restart will happen on count 44 - start again facing front wall**

**5&6-7-8** Cross right behind left & rock left to left, rock weight center on right, touch left behind right, unwind full turn left (weight left)

## **STEP SIDE, BEHIND & CROSS ROCK, REPLACE, FULL TURN LEFT, SIDE SHUFFLE LEFT**

**1-2&3-4** Travel right - step right to right, cross left behind right, step right to right & cross rock left over right, rock back on right (6:00)

**5-6-7&8** Travel left - turn a full turn left stepping left then right, side shuffle left stepping left, right, left

## **CROSS ROCK, REPLACE, SIDE SHUFFLE, FULL TURN RIGHT, CROSS, TOUCH SIDE**

**1-2-3&4** Cross rock right over left, rock back on left, side shuffle right stepping right, left, right

**5-6-7-8** Travel right - turn a full turn right stepping left then right, cross step left over right, touch right toe to right side

**REPEAT**

**RESTART**

**On wall 2 dance first 44 counts. Then start again facing the front wall**

**FINISH**

**Dance will finish facing front wall on count 48**