

Broken Heart Mambo

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Count: 48 **Wall:** 2 **Level:** Intermediate

Choreographer: Judy Rodgers (USA) Feb 2015

Music: Me and My Broken Heart by Rixton

Alternate: She Be the One by Enrique Iglesias (intro 32 count)

#36 count intro

S1: Mambo forward, mambo back, paddle turns (3), step

- 1&2** Rock fwd R, recover L, step slightly back R
- 3&4** Rock back L, recover R, step slightly fwd L
- 5&6&** Touch R, push $\frac{1}{4}$ left, touch R, push $\frac{1}{4}$ left [6:00]
- 7&8** Touch R, push $\frac{1}{4}$ left, step fwd R [3:00]

S2: Step pivot $\frac{1}{4}$ cross, scissor step, back, lock, back, side, cross bounce bounce turning $\frac{1}{2}$ right

- 1&2** Step fwd L, pivot $\frac{1}{4}$ right step R to side, cross L over R [6:00]
- 3&4** Step R to right, step L beside R, cross R over L
- 5&6&** Step back L, lock R over L, step back L, step R to side
- 7&8** Cross L over R, bounce bounce heels turning $\frac{1}{2}$ right (wt on L) [12:00]

S3: Walk, walk, step pivot $\frac{3}{4}$ touch, shuffle fwd, mambo step

- 1-2** Walk fwd R, walk fwd L
- 3&4** Step fwd R, turn $\frac{3}{4}$ left, touch R beside L [3:00]
- 5&6** Shuffle fwd R L R
- 7&8** Rock fwd L, recover R, step slightly back L

S4: Back, back, coaster step, mambo turn $\frac{1}{2}$, paddle $\frac{1}{4}$ left (2)

- 1-2** Walk back R, L
- 3&4** Step back R, step L beside R, step fwd R
- 5&6** Rock fwd L, recover R, turn $\frac{1}{2}$ left step fwd L [6:00]
- 7&8&** Touch R, push $\frac{1}{4}$ left, touch R, push $\frac{1}{4}$ left (weight on L) [3:00]

S5: Cross rock side, cross rock turn $\frac{1}{4}$, step together (3), step

- 1&2** Cross rock R over L, recover L, step R to right side
3&4 Cross rock L over R, recover R, turn $\frac{1}{4}$ left step fwd L [12:00]

**** Restart here on wall 2 after 36 counts when using 'Me and my Broken Heart ****

- 5&** Turn $\frac{1}{8}$ left step R to right diagonal, step L beside R [10:30]
6& Step R to right diagonal, step L beside R
7& Step R to right diagonal, step L beside R
8 Turn $\frac{1}{4}$ right step R fwd [1:30]

S6: Mambo step, sweep sailor turn $\frac{3}{8}$, rocking chair, step, touch

- 1&2** Rock fwd L, recover R, step back L,
3&4 Sweep R around L turn $\frac{3}{8}$ right step R behind L, step L to side, step R to side [6:00]
5&6& Rock fwd L, recover R, rock back L, recover R
7-8 Big step fwd L, touch R beside L

One Restart When Using 'Me And My Broken Heart':

On Wall 2, after 36 counts, restart the dance from the beginning facing [6:00]

No Tags Or Restarts Using 'She Be The One'.

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