

# Change My Ways

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**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Judy Rodgers - March 2017

**Music:** Change My Ways by Mike Zito

## **Intro: 48 counts - (NO Tags Or Restarts)**

### **S1: Step, drag, ball cross, side, rock back, recover, turn 1/4 L shuffle back**

- 1-2**      Big step right, drag L toward R
- &3-4**      Step L together, cross R over L, step L to left side
- 5-6**      Rock R back behind L, recover L
- 7&8**      Turn 1/4 left shuffle back R L R - 9:00

### **S2: Turn ¼ L step, touch, kick ball step, step, drag/touch, turn 1/4 L step, drag/touch**

- 1-2**      Turn ¼ left step L to left side, touch R beside L - 6:00
- 3&4**      Kick R, step on ball of R, step L fwd
- 5-6**      Step R big step right, drag/touch L beside R
- 7-8**      Turn 1/4 left step L big step left, drag/touch R beside L - 3:00

### **S3: Sway, sway, shuffle, behind, turn 1/4 R, step/touch, hold**

- 1-2**      Sway R, sway L
- 3&4**      Shuffle R L R to right side
- 5-6**      Cross L behind R, turn 1/4 right step R fwd - 6:00
- &7-8**      Step L fwd, touch R beside L, hold

### **S4: Rock, recover, out out, hold, coaster step, turn 1/2 L, turn 1/2 L**

- 1-2**      Rock R fwd, recover L
- &3-4**      Step R out to right side, step L out to left side, hold (weight on R)
- 5&6**      Step L back, step R beside L, step L fwd
- 7-8**      Turn 1/2 left step R back, turn 1/2 left step L fwd

### **(7-8 option: walk R, L)**

### **S5: Cross side rock, cross, turn 1/4 L step back, sailor turn 1/2 L, rock, recover**

- 1&2** Cross R over L, rock L to left side, recover R
- 3-4** Cross L over R, turn 1/4 left step R back 3:00
- 5&6** Turning 1/2 left, step L behind R, step R to side, step L fwd - 9:00
- 7-8** Rock R fwd, recover L

**S6: Walk back (2), & cross back, & cross back, & knee pops L & R**

- 1-2** Walk R back, walk L back
- &3-4** Step R back, cross L over R, step R back
- &5-6** Step L back, cross R back, step L back
- &7-8** Step R beside L, pop L knee in, pop R knee in

**Contact: [jrdancing@bellsouth.net](mailto:jrdancing@bellsouth.net)**