

Nice and Slow

LINEDANCE.COM

Count: 32

Wall: 4

Level: Intermediate - NC2

Choreographer: Scott Blevins (May 2012)

Music: "Soldier" by Gavin DeGraw. Album or Single: "Sweeter"

16 count intro, to start 1 beat before lyrics (the word Where is count 2)

[1 - 8]

1,2&(1) Step R to right; 2) Turn $\frac{1}{2}$ right stepping L next to R; &) Turn $\frac{1}{2}$ right stepping R to right

3,4(3) Rotate body to right from waist up, while bending Right knee and pointing L toe to left; 4) Turn $\frac{1}{4}$ left stepping forward on L [9:00]

5&6(5) Step R forward; &) Pivot $\frac{1}{2}$ left over left shoulder taking weight on L [3:00] 6) Turn $\frac{1}{4}$ left stepping R to right [12:00]

7&8(7) Step on ball of L behind R; &) Step on ball of R next to L; 8) Step L to left

[9-16]

1,2(1) Turn $\frac{1}{2}$ left rocking on R to right side pushing hip over R foot; 2) Recover weight to L [6:00]

3,4&(3) Turn $\frac{1}{2}$ left and step R a large step to right [12:00]; 4) Step on ball of L behind R; &) Step R across L

5,6&(5) Step L a large step to left; 6) Rock R across L; &) Recover weight back on L

7,8&(7) Step R a large step to right; 8) Step ball of L across R; &) Unwind 1 full turn to right taking weight on R [12:00]

[17-24]

1,2&(1) Step L to left; 2) Step R behind L; &) Turn $\frac{1}{4}$ left stepping forward on L [9:00]

3&4(3) Step R forward; &) Pivot $\frac{1}{2}$ turn left, rotating hips counter clockwise, 4) Take weight forward onto L foot [3:00]

5&6&(5) Take a small step forward on R bending knees slightly and pushing knees to right; &)Take a small step forward on L bending knees slightly and pushing knees to left; 6) Rock forward on R; &) Recover back on L

7,8&(7) Turn $\frac{1}{4}$ right over R shoulder stepping R a large step to right; [6:00] 8) Step ball of L across R; &) Unwind 1 full turn to right taking weight on R [6:00]

[25-32]

1,2&(1) Step L to left side; 2) Step R behind L; &) Turn $\frac{1}{4}$ left stepping forward on L [3:00]

3,4(3) Step R forward; 4) Pivot $\frac{3}{4}$ turn left over L shoulder taking weight onto L [6:00]

5&6&(5) Step R to right; &) Step L behind R; 6) Step R to right; &) Step L forward and across R

7,8(7) Step R forward; 8) Pivot $\frac{3}{4}$ left over L shoulder taking weight on L [9:00]

Begin Again and Enjoy!

Copyright © 2012 Scott Blevins (scottblevins@me.com) All rights reserved

Internet Video Rights assigned to Edie Driskill (edie@linelessons.com)