

# HOT 'N' SWEATY

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**Count:** 32      **Wall:** 4      **Level:** intermediate hip hop

**Choreographer:** Guyton Mundy & John H. Robinson

**Music:** Don't Cha by The Pussycat Dolls Featuring Busta Rhymes

## MAMBO, BACK-TOGETHER-CROSS, TOUCH OUT-IN-SIDE STEP, CROSS, UNWIND WITH HITCH

- 1&2**      Left rock forward, recover back to right, left step next to right
- 3&4**      Step right back, left step next to right, right step across left
- 5&6**      Left touch out side left, left touch next to right, left large step side left
- 7-8**      Right step across left, unwind full turn to the left hitching left knee

## WALK FORWARD, TRIPLE FORWARD, WALK BACK, SYNCOPATED STEPS TURNING ½ LEFT, OUT-OUT

- 1-2**      Left step forward diagonally left, right step forward diagonally right
- 3&4**      Three small steps forward: left, right, left
- 5-6**      Step right back, step left back
- &7&8**      Step right back, pivot ½ left (to 6:00) stepping left forward, right step side right, left step side left

## LOOK, LOOK, SIDE BODY ROLL, STEP, CROSS, UNWIND, HITCH

- &1-2**      Turn head to look right, turn head to look forward, hold
- 3-4**      Execute a side body roll right, settling weight onto right hip
- 5-6**      Left step in place, right lift getting ready to cross over left
- 7-8**      Right step across left, unwind full turn hitching left knee

## SQUAT, BODY ROTATION, SYNCOPATED KNEE POP WITH ¼ TURN RIGHT, CHASE TURN, STEP FORWARD, TOUCH

- 1-2**      Left step side left squatting down and moving body to the left right to left, straighten up ending with weight on left
- 3&4**      Right knee turn out side right, right knee turn forward, right knee turn out stepping ¼ right (9:00)
- 5&6**      Step left forward, pivot ½ right shifting weight to right (3:00), step left forward

**7-8** Right large step forward, left touch next to right

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=51425](https://www.linedance.com/index.php?f=dance_view&id=51425)