

Right Foot First

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Count: 32

Wall: 4

Level: Improver

Choreographer: Fred Whitehouse (IRE) - August 2024

Intro: 16 Counts, Start at approx 8 sec

SEC 1 Step, Heel Twist, Back, Touch Forward, Step, $\frac{1}{2}$ Back, $\frac{1}{4}$ Side, Touch Behind

1&2 Step right forward, twist both heels to right, twist both feet to centre

3-4 Step right back, touch left forward

5-6 Step left forward, turn $\frac{1}{2}$ left step right back (6:00)

7-8 Turn $\frac{1}{4}$ left step left to left, touch right behind left (3:00)

SEC 2 $\frac{1}{4}$ Step, Lock, Walk, Walk, Lock, Step, Step, $\frac{1}{2}$ Pivot

1-2 Turn $\frac{1}{4}$ right step right forward, lock left behind right popping right knee forward (6:00)

3-4 Step right forward, step left forward

5-6 Lock right behind left popping left knee forward, step left forward

7-8 Step right forward, pivot $\frac{1}{2}$ left transferring weight on to left (12:00)

SEC 3 Heel Switches, Clap, Back, Point, Step, Point

1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right

3-4 Touch right heel forward, clap

5-6 Step right back, point left to left

7-8 Step left forward, point right to right

SEC 4 Cross, Side, Cross, Side, $\frac{1}{4}$ Jazzbox

1-2 Cross right over left, step left to left

3-4 Cross right over left, step left to left

5-6 Cross right over left, turn $\frac{1}{4}$ right step left back (3:00)

7-8 Step right to right, step left forward

2024

5 SEP

3

21 SEP '24

100