

# EVERYDAY DISTRACTION

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**Count:** 48      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Max Perry

**Music:** Button Off My Shirt by Ronnie Milsap

## WALK FORWARD, FORWARD, FORWARD, MAMBO ROCK FORWARD, BACK TURNING $\frac{1}{4}$ RIGHT, SIDE, CROSS IN FRONT, FORWARD TURNING $\frac{1}{4}$ RIGHT, MAMBO ROCK FORWARD

- 1-2-3-4&** Walk forward right, left, right, rock left forward, step right in place (recover)
- 5** Step left back and turn  $\frac{1}{4}$  right
- 6&7** Step right to right side, cross left over right, turn  $\frac{1}{4}$  right and step right forward (6:00)
- 8&** Rock left forward, step right in place (recover)

## DIAGONAL STEP BACK, TOUCH HEEL FORWARD, DIAGONAL STEP BACK, TOUCH HEEL FORWARD, BACK ROCK, $\frac{1}{4}$ PIVOT TURN RIGHT

- 1-2-3-4** Step left diagonally back, touch right heel forward, step right diagonally back, touch left heel forward
- 5-6-7-8** Rock left back, step right in place (recover), step left forward & turn  $\frac{1}{4}$  right, step right in place

## CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE

- 1-2** Cross left over right, step right to right side
- 3&4** Cross left behind right, step right to right side, step left in place
- 5-6** Cross right over left, step left to left side
- 7&8** Cross right behind left, step left to left side, step right in place

## CROSS, POINT, CROSS, POINT, JAZZ BOX TURNING $\frac{1}{2}$ LEFT, SHUFFLE FORWARD

- 1-2-3-4** Cross step left over right, touch right toe to right side, cross step right over left, touch left toe to left side
- 5-6** Cross left over right starting to turn left, step right back finishing a  $\frac{1}{2}$  turn left
- 7&8** Left shuffle forward - left, right, left

## 4 - $\frac{1}{4}$ PIVOT TURNS

- 1-2** Step right forward & turn  $\frac{1}{4}$  left, step left in place
- 3-4** Step right forward & turn  $\frac{1}{4}$  left, step left in place

**5-6** Step right forward & turn  $\frac{1}{4}$  left, step left in place

**7-8** Step right forward & turn  $\frac{1}{4}$  left, step left in place

**FORWARD ROCK TO  $\frac{1}{2}$  RIGHT TURN, FORWARD TRIPLE,  $\frac{1}{2}$  PIVOT TURN RIGHT,  
FORWARD TRIPLE**

**1-2** Rock right forward, step left in place & turn  $\frac{1}{2}$  right

**3&4** Right shuffle forward - right, left, right

**5-6** Step left forward & turn  $\frac{1}{2}$  right, step right in place

**7&8** Left shuffle forward - left, right, left

**REPEAT**