

# HOLD ON TIGHT (aka Hit The Hay) LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Improver / Easy Intermediate

**Choreographer:** Willie Brown (Scotland)

**Music:** 'Hittin The Hay' by North Mississippi Allstars - Barnyard OST

**Alternative / Practise Music; 'I Want To Be A Cowboys Sweetheart' by Leann Rimes**

**Intro; 64 counts from very start of track - on main vocals (26 seconds)**

**[ ] Brackets indicate which wall you should be facing (first wall only)**

**(1-8) SHUFFLE FORWARD x2, SHUFFLE ½ TURN, COASTER STEP**

- 1&2** Step forward on Right, step Left beside Right, step forward on Right [12]
- 3&4** Step forward on Left, step Right beside Left, step forward on Left
- 5&6** Make ¼ turn Left and step Right to Right side, step Left beside Right, make another ¼ turn Left and step back on Right [6]
- 7&8** Step back on Left, step Right beside Left, step forward on Left

**(9-16) CROSS ROCK, SIDE SHUFFLE, CROSS SHUFFLE, SHUFFLE ¼ TURN**

- 9,10** Rock Right across front of Left, recover weight back on Left
- 11&12** Step Right to Right side, step Left beside Right, step Right to Right side
- 13&14** Cross Left in front of Right, step Right to Right side, cross Left in front of Right
- 15&16** Make ¼ turn Left and step back on Right, step Left beside Right, step back on Right [3]

**(17-24) ROCK BACK, ROCK FORWARD, FULL TURN BACK, ROCK BACK**

- 17,18** Rock back on Left, recover weight forward on Right
- 19,20** Rock forward on Left, recover weight back on Right
- 21,22** Make ½ turn Left and step forward on Left, make another ½ turn Left and step back on Right

**(Easier option; Step back on Left, step back on Right) [3]**

- 23,24** Rock back on Left, recover weight forward on Right

**(25-32) SIDE SHUFFLE, ROCK BACK, SIDE SHUFFLE, COASTER STEP**

- 25&26** Step Left to Left side, step Right beside Left, step Left to Left side

- 27,28** Rock back on Right, recover weight forward on Left
- 29&30** Step Right to Right side, step Left beside Right, step Right to Right side
- 31&32** Step back on Left, step Right beside Left, step forward on Left

**RESTART; On 3rd wall (6 o'clock) dance the first 8 counts then start again facing the front.....**

**BIG FINISH; You will dance to the end of section 3 - count 24; recover weight forward on Right (facing 9 o'clock)- add one more count by making  $\frac{1}{4}$  turn right to face the front stepping on to your left foot and striking your best pose!!!**