

Back From The Fire

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Count: 30 **Wall:** 2 **Level:** Low Advanced

Choreographer: Roy Verdonk , Jef Camps & Eleni de Kok - February 2018

Music: "Back From The Fire" by Gold Brother

(intro 16 counts)

S1: DIAGONAL STEP-LOCK-STEP, STEP-LOCK, KNEE POP, DROP, BACK, 3/8 STEP, 3/4 TURN, DIAGONAL ROCKING CHAIR

1&2&1/8 turn L & LF step forward, RF lock behind LF, LF step forward, RF step forward (10:30)

3&4&LF lock behind RF, pop R knee up while lifting R heel, drop R heel, LF step diagonally R back (10:30)

Styling: when popping the knee you can lift your R shoulder and bend your head towards the R shoulder

5&3/8 turn R & RF step forward (3:00)

6&1/2 turn R & LF step back, 1/4 turn R & RF step side (12:00)

7&8&1/8 turn R & LF rock forward, recover on RF, LF rock back, recover on RF (1:30)

S2: STEP, 1/8 SWEEP, CROSS, BACK, BACK, CROSS, BACK, 1/4 SIDE, TOUCH, POINT, JAZZ BOX, CROSS

1-2LF step forward, RF sweep forward making 1/8 turn L (12:00)

&3&4RF cross over LF, LF step diagonally back, RF step diagonally back, LF cross over RF

&5RF step back, 1/4 turn L & LF step side (9:00)

6&RF touch next to LF, RF point to side

7&8&RF cross over LF, LF step back, RF step side, LF cross over RF

S3: SIDE, 3/4 SPIRAL TURN, STEP, SIDE ROCK/RECOVER, WEAVE WITH SWEEP, BEHIND, 1/4 STEP, ROCK FWD/RECOVER, COASTER

1-2&RF step side, make $\frac{3}{4}$ spiral turn L on RF (LF hooked), step forward on LF (12:00)

3&RF rock side, recover on LF

4&5RF cross over LF, LF step side, RF cross behind LF & sweep LF backwards

6&LF cross behind RF, $\frac{1}{4}$ turn R & RF step forward (3:00)

7&8&LF rock forward, recover on RF, LF step back, RF close next to LF

S4: STEP, $\frac{3}{4}$ HINGE TURN, CROSS ROCK/RECOVER, SIDE, CROSS, SIDE, SAILOR

1-2&LF step forward, $\frac{1}{2}$ turn L & RF step back, $\frac{1}{4}$ turn L & LF step side (6:00)

3&4&RF cross over LF, recover on LF, RF step side, LF cross over RF

5-6&RF big step side while sweeping LF $\frac{1}{8}$ turn L, LF cross behind RF, RF step side slightly fwd (4:30)

Start again!

Restart: in wall 3 after 24 counts

Dance up to count 8& from the 3rd section and add a $\frac{1}{8}$ turn R before restarting the dance to 4:30.

Tag + restart: in wall 6 dance up to count 6& from the second section and add following steps before restarting the dance to the front wall

$\frac{1}{8}$ turn R and put weight on RF (4:30)

2-3 Bend through knees and lean forward while snapping fingers, stretch up

4-5 Bend through knees and lean forward while snapping fingers, stretch up

6-7 Bend through knees and lean forward while snapping fingers, stretch up

8 Bend through knees and lean forward while snapping fingers

Styling: bring body and arms slightly in when bending and open up when stretching up

1-2 $\frac{1}{2}$ turn L and bring weight on LF, RF lock behind LF and pop L knee up while snapping fingers (10:30)

3-4LF step forward, RF lock behind LF and pop L knee up while snapping fingers (10:30)

5-6LF step forward, RF lock behind LF and pop L knee up while snapping fingers (10:30)

7-8LF step forward, RF lock behind LF and pop L knee up while snapping fingers (10:30)

Styling: in those locks make a rolling movement

Restart dancing to 10:30

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=123277