

# HOT & SPICY

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**Count:** 48

**Wall:** 4

**Level:** —

**Choreographer:** Peter Metelnick

**Music:** Loosen Up My Strings by Clint Black

## SYNCOPATED HEEL TOUCHES, SIDE TOUCH WITH DOUBLE CLAP

- 1&2&** Touch right heel forward, step right foot together, touch left heel forward, step left foot together
- 3&4&** Touch right toes to right side, hold & clap twice, step right foot together
- 5&6&** Touch left heel forward, step left foot together, touch right heel forward, step right foot together
- 7&8** Touch left toes to left side, hold & clap twice (weight ends on right foot)

## CROSS OVER & UNWIND $\frac{3}{4}$ LEFT, LEFT FORWARD SHUFFLE, BUMP HIPS RIGHT TWICE, RIGHT CROSS OVER, HOLD & DOUBLE CLAP

- &1-2** Step left foot together, cross right foot over left foot, unwind  $\frac{3}{4}$  left (weight ends on right foot)
- 3&4** Step left foot forward, step right foot together, step left foot forward
- 5-6** Step right foot to right side and bump hips right twice
- &7&8** Step left foot back, cross step right foot over left, hold & clap twice (weight ends on right foot)

## BUMP HIPS LEFT TWICE, LEFT CROSS OVER, HOLD & DOUBLE CLAP, SIDE ROCK RIGHT-LEFT-RIGHT, PIVOT $\frac{1}{2}$ LEFT

- 1-2** Step left foot to left side and bump hips left twice
- &3&4** Step right foot back, cross step left foot over right, hold & clap twice (weight ends on left foot)
- 5-7** Step right foot to right side and rock, recover weight on left foot and rock, recover weight on right foot and rock
- 8** Pivot  $\frac{1}{2}$  left on right foot & step left foot together (weight ends on left foot)

## FORWARD & BACK COASTER STEPS, SIDE ROCK RIGHT-LEFT-RIGHT, PIVOT $\frac{1}{4}$ LEFT

- 1&2** Step right foot forward, step left foot together, step right foot back

- 3&4** Step left foot back, step right foot together, step left foot forward
- 5-7** Step right foot to right side and rock, recover weight on left foot and rock, recover weight on right foot and rock
- 8** Pivot  $\frac{1}{4}$  left on right foot & step left foot together (weight ends on left foot)

**FORWARD & BACK COASTER STEPS, RIGHT SIDE RIGHT, SLIDE LEFT TOGETHER, RIGHT CROSS OVER, HOLD**

- 1&2** Step right foot forward, step left foot together, step right foot back
- 3&4** Step left foot back, step right foot together, step left foot forward
- 5-6** Step right foot to right side taking a big step, slide left foot together keeping weight on right foot
- &7-8** Step left foot back, cross step right foot over left, hold

**LEFT SIDE LEFT, SLIDE RIGHT TOGETHER, LEFT CROSS OVER, SCUFF RIGHT FORWARD, RIGHT JAZZ BOX WITH  $\frac{1}{4}$  RIGHT**

- 1-2** Step left foot to left side taking a big step, slide right foot together keeping weight on left foot
- &3-4** Step right foot back, cross step left foot over right foot, scuff right foot forward
- 5-8** Cross step right foot over left foot, step back on left foot, step right foot turning to the right  $\frac{1}{4}$  right, step left foot together

**REPEAT**