

BOSSA NOVA NIGHTS

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Peter Metelnick & Alison Biggs

Music: No Regrets by Girls Aloud

2 STEP VINE RIGHT, $\frac{1}{4}$ RIGHT RONDÉ, CROSS RIGHT OVER LEFT, STEP RIGHT FORWARD, $\frac{1}{2}$ PIVOT RIGHT, STEP LEFT FORWARD

1-2 Step right to right, cross step left behind right

3-4 $\frac{1}{4}$ right rondé (bringing right foot from front to back), cross right in front of left (to finish in a figure of 4)

5-6 Step right forward, step left forward

7-8 $\frac{1}{2}$ pivot turn right (weight on right foot), step left forward

ROCKING CHAIR (USE HIP MOTION), STEP RIGHT, TOUCH LEFT TO RIGHT, $\frac{3}{4}$ TURN LEFT

1-4 Rock right forward, recover weight on left, rock right back, recover weight on left (rocking chair)

5-6 Step right to right side (sway right to side), touch left toe to right instep

7-8 Turning $\frac{1}{4}$ left step left forward, turning $\frac{1}{2}$ left step right back

Easier option: step left to left side, step right next to left

$\frac{3}{4}$ TURN LEFT, STEP LEFT SIDE LEFT, CROSS RIGHT OVER LEFT, STEP LEFT SIDE LEFT, RIGHT BACK ROCK & RECOVER, RIGHT FORWARD

1-2 Turning $\frac{1}{2}$ left step left forward, turning $\frac{1}{4}$ left step right to right side

Easier option: turning $\frac{1}{4}$ left step left forward, turn $\frac{1}{4}$ left step right to right side

3-4 Step left to left side, cross step right over left

5-6 Step left to side, rock back on right

7-8 Recover weight on left, step right forward

$\frac{1}{4}$ RIGHT PIVOT, CROSS LEFT OVER RIGHT, $\frac{1}{4}$ LEFT RONDÉ, CROSS RIGHT OVER LEFT, STEP LEFT BACK, RIGHT TO RIGHT SIDE, CROSS LEFT, OVER RIGHT

1-2 Step left forward, $\frac{1}{4}$ right pivot

- 3-4** Cross step left over right, $\frac{1}{4}$ left turning rondé (bringing right foot from back to front)
- 5-6** Cross step right over left, step left back on left diagonal
- 7-8** Step right to side, cross step left over right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=62438