

# MISS LIZZY

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Michele Perron

**Music:** Dizzy Miss Lizzy by The Holiday Band

**ROCK/BACK, RECOVER, KICK/TWIST, STEP/TWIST, TOUCH/TWIST, STEP/TWIST,  
KICK/TWIST, STEP/TWIST**

**In the first 8 counts, you will travel to left, twist/swivel actions occur below waist,  
head/shoulders stay facing front**

- 1-2 Left rock/step back; right recover/step forward
- 3 Left kick across front of right with twist/swivel on right
- 4 Left step to side left with twist/swivel on right
- 5 Right touch to side right with twist/swivel on left
- 6 Right step across front of left with twist/swivel on left
- 7 Left kick across front of right with twist/swivel on right
- 8 Left step to side left with twist/swivel on right (12:00)

## **Easier option**

- 3-4 Left kick forward, left step to side left
- 5-6 Right touch to side right; right step beside left
- 7-8-1-2 Repeat

**Optional styling note: execute 'spiral foot position' of left between left kick across and left  
step to side left (counts 3,4 and 7,8)**

**TOUCH/TWIST, STEP/TWIST, LEFT TRIPLE TURN, RIGHT TRIPLE TURN, ROCK/BACK,  
RECOVER**

- 1 Right touch to side right with twist/swivel on left
- 2 Right step across front of left with twist/swivel on left
- 3&4 Left triple steps with ½ turn left (travel to side left) (6:00)
- 5&6 Right triple steps with ½ turn left (travel to side right) (12:00)
- 7-8 Left rock/step back; right recover/step forward

### **WALK, WALK, TRIPLE FORWARD; HIP 'TICK', HIP 'TICK', TRIPLE BACK**

- 1-2** Left, right steps forward
- 3&4** Left triple steps forward
- 5&** Right toe/touch diagonal right forward with right hip bump; return weight to center
- 6&** Right toe/touch diagonal right forward with right hip bump; return weight to center
- 7&8** Right triple steps back with  $\frac{1}{4}$  turn left (9:00)

### **WALK, WALK, TRIPLE FORWARD; HIP 'TICK', HIP 'TICK', TRIPLE BACK**

- 1-2** Execute  $\frac{1}{4}$  turn left with left step; right step forward (6:00)
- 3&4** Left triple steps forward
- 5&** Right toe/touch diagonal right forward with right hip bump; return weight to center
- 6&** Right toe/touch diagonal right forward with right hip bump; return weight to center
- 7&8** Right triple steps back with  $\frac{1}{4}$  turn left (3:00)

### **SIDE, ACROSS, SIDE-BEHIND-FORWARD, FORWARD, TOUCH/SNAP, FORWARD, TOUCH/SNAP**

- 1-2** Left step to side left; right step across front of left
- 3&4** Left step to side left, right step crossed behind left, execute  $\frac{1}{4}$  turn left with left step (12:00)
- 5** Step right forward
- 6** Left touch beside right with  $\frac{1}{4}$  turn left and right & left finger snaps above right shoulder, look right (9:00)
- 7-8** Execute  $\frac{1}{4}$  turn left with left step; right touch beside left with right & left finger snaps to left (6:00)

### **TRIPLE FORWARD, TRIPLE FORWARD, FORWARD, PIVOT/TURN, TRIPLE TURN**

- 1-2** Right triple steps forward
- 3-4** Left triple steps forward
- 5-6** Right step forward; execute  $\frac{1}{2}$  pivot/turn left with left step (12:00)
- 7&8** Execute  $\frac{1}{4}$  turn left with right triple steps to side (9:00)

### **REPEAT**