

# Capone

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**Count:** 48      **Wall:** 4      **Level:** Intermediate Foxtrot

**Choreographer:** Karen Tripp (Feb 2015)

**Music:** Capone by Ian Lumley. Album: Ballroom Nights 2

**Music Source:** [www.casa-musica.de](http://www.casa-musica.de)

**Restarts:-**

**On Wall 2 facing 6:00 after 32 counts,**

**On Wall 4 facing 12:00 after 32 counts**

**Ending: After 32 counts, facing 6:00 do a Full Left Unwind to face 12:00**

**Wait: 16 counts from main downbeat, right foot lead**

**STEP, CROSS KICK WITH SNAPS - 4 TIMES**

**1-4**      Step side right, kick left across (with snap), step side left, kick across right (snap)

**5-8**      Repeat steps 1-4

**FOXTROT FORWARD BOX**

**9-12**      Step forward right, hold, step side left, close right to left

**13-16**      Step back left, hold, step side right, close left to right

**FOXTROT VINE ¼ RIGHT, LEFT ROCKING CHAIR**

**17-20**      Step side right, hold, cross left behind, turn ¼ right and step right

**21-24**      Rock forward on left, recover to right, rock back on left, recover to right

**FORWARD, CROSS, UNWIND ½ LEFT, SIDE SWAY RIGHT AND LEFT**

**25-28**      Step left forward, hold, cross right over left and unwind left over 2 counts

**29-32**      Step side right and sway right, step side left and sway left

**\*>Restart here on Wall 2 (6:00) and Wall 4 (12:00)**

**PROGRESSIVE FOXTROT BOX FORWARD**

**33-36**      Step forward right, hold, step side left, close right to left

**37-40**      Step forward left, hold, step side right, close left to right

## **BACK STAIRS - 2X**

**41-44** Step back right, close left to right, step side right, close left to right

**45-48** Step back right, close left to right, step side right, close left to right

**RESTARTS: On wall 2 (second repetition facing 6:00), and wall 4 (fourth repetition facing 12:00) dance 32 counts and Restart.**

**ENDING: You start the last repetition facing 9:00. The dance ends on Count 32. You will be facing 12:00 when you start Cross and Unwind, use beats 29-32 do a full Unwind Left Turn to face 12:00.**

**Choreographer: Karen Tripp, Cranbrook, BC, Canada**

**Email: [karen@trippcentral.ca](mailto:karen@trippcentral.ca) - Website: [www.trippcentral.ca/dance](http://www.trippcentral.ca/dance)**