

# IT ALREADY HURTS

LINEDANCE.COM

**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Peter Fry

**Music:** It Already Hurts by Fisk & Cristian

**1-2&3** Touch left toe to left side, drop left heel down, step right beside left, touch left toe to left side

**4&5-6** Drop left heel down, step right beside left, step left to left side, cross right over left

**7-8** Replace weight back onto left,  $\frac{1}{4}$  turn right step right forward

**1-2-3 $\frac{1}{2}$  turn right step left back,  $\frac{1}{2}$  turn right step right forward, rock forward left, rock back onto right**

**4-5-6-7-8** Step back left, rock forward onto right, step left forward, pivot  $\frac{1}{2}$  turn right end weight on right

**&1-2-3-4** Step left beside right, step right forward, pivot  $\frac{1}{2}$  turn left, rock forward right, rock back onto left

**5-6-7 $\frac{1}{2}$  turn right step right forward,  $\frac{1}{4}$  turn right step left to left side, touch right toe behind left**

**8** Unwind  $\frac{3}{4}$  turn right end with weight on right

**&1-2-3-4** Step left beside right, step right forward, step left forward, pivot  $\frac{1}{2}$  turn right, step left forward

**5-6&7** Replace weight back onto right, step left back, step right beside left, touch left toe back

**8 $\frac{1}{2}$  turn left ending with weight on left**

**1-2-3-4** Rock right to right side, replace back to left, step right across left, touch left toe to left side

**&5-6-7-8** Step left beside right, cross right over left, rock left to left side, replace back to right, step left behind right

**&** Step right to right side

**1-2-3-4** Step left forward, replace back onto right, making  $\frac{1}{2}$  turn left step left forward, step right forward

**5-6&** Rock back onto left, making  $\frac{1}{2}$  turn right step right forward, making  $\frac{1}{2}$  turn right step left back

**7-8** Step right back, hook left up in front of right

**1-2-3** Step left forward,  $\frac{1}{4}$  turn left step right to right side,  $\frac{1}{2}$  turn left step left to left side

**4-5-6 $\frac{1}{4}$  turn right step right forward,  $\frac{1}{2}$  turn right step left back,  $\frac{1}{4}$  turn right step right to right side**

**7-8** Cross left over right, touch right to right side

**1-2-3&** Cross right over left, unwind  $\frac{1}{2}$  turn left end weight on right, cross left over right, step right to right side

**4-5-6-7** Cross left over right,  $\frac{1}{4}$  turn right step right forward,  $\frac{1}{2}$  turn right step left back,  $\frac{1}{2}$  turn right, step right forward

**8** Touch left beside right

**REPEAT**

**RESTART**

**On wall 2, restart after 36 counts**

**TAG**

**At the end of wall 4 do 4 hip sways (left, right, left, right) taking up 4 counts before starting dance again**