

CHEATIN' MYSELF

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Guyton Mundy

Music: You Know I'm No Good by Amy Winehouse

SIDE STEP, ROCK/RECOVER, TRIPLE STEP WITH A ¼, STEP HALF, TRIPLE FULL TURN

- 1-2-3** Side step right to right, cross rock left over right, recover on right
- 4&5** Side step left to left, step together with right, step forward on left making a ¼ turn to left
- 6-7** Step forward on right, make a half turn to left stepping forward on left
- 8&1** Make a half turn to left stepping back on right, make a half turn to left stepping forward on left, step forward on right

STEP, BACK, LOCK, BACK, SIDE STEP WITH ¼, CROSS OVER, UNWIND ROLL, TRIPLE FORWARD

- 2-3** Step slightly forward on left, step back on right
- &4&5** Lock left over right, step back on right, make a ¼ turn to the left stepping left to left side, cross right over left
- 6-7** Roll knees in a rotation to the left while unwinding a full turn to the left
- 8&1** Step forward on left, bring right to left, step forward on left

ROCK/RECOVER, ¼ TURN SIDE STEP TOGETHER X3, STEP FORWARD ON ANGLE, ROCK/RECOVER 3/8 TURN

- 2-3** Rock forward on right, recover back on left
- 4&5** Make a ¼ turn to right while stepping right to right, step together with left, step right to right side
- &6-7** Step together with left, make an 1/8 of a turn to right stepping forward on right, walk forward on left
- 8&1** Rock forward on right, recover on left, make a 3/8 turn to right stepping forward on right

STEP HALF, TRIPLE FORWARD, CROSS ROCK/RECOVER, SIDE STEP, TOGETHER

- 2-3** Step forward on left, make a ½ turn to right stepping forward on right
- 4&5** Step forward on left, bring right to left, step forward on left
- 6-7** Cross rock right over left, recover on left

8& Side step right to right, step together with left

REPEAT

RESTART

On the 4th wall you will do the first 8 counts of the dance and the restart on the front wall

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=60836