

Here I Am...Again

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Count: 48 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Michele Perron , DANCE Expressions

Music: Stuck in the Middle with You by Stealer's Wheel (124 bpm) CD: Reservoir Dogs Soundtrack

Introduction: 16 Counts, once the beat kicks in (CW Rotation)

SEC.I (1-8) R VINE, TOUCH, HEEL, TOUCH, HOLD, HEELS

1,2,3,4 RIGHT Step to side R; LEFT Step crossed behind R, RIGHT Step to side R; LEFT Touch beside R

5,6 Tap LEFT Heel diagonal L forward; LEFT Touch beside R

7, &,8 Hold; LEFT Heel 'DIG' diagonal L forward twice (bend R Knee)

SEC.II (9-16) L VINE, TOUCH, HEEL, TOUCH, HOLD, HEELS

1,2,3,4 LEFT Step to side L; RIGHT Step crossed behind L, LEFT step to side L; RIGHT Touch beside L

5,6 RIGHT Heel 'DIG' diagonal R forward; RIGHT Touch beside L

7, &,8 Hold; RIGHT Heel 'DIG' diagonal R forward twice (bend L Knee)

SEC.III (17-24) WALK, WALK, BUMP HIPS L, R: REPEAT:

1,2 RIGHT Step forward; LEFT Step forward beside R (bend knees)

3,4,& Bump Hips to L; to R; Hips to Centre

5,6 RIGHT Step forward; LEFT Step forward beside R (bend knees)

7,8,& Bump Hips to L; to R; Hips to Centre

SEC.IV (25-32)'SYNCHO' WALKS, BUMP HIPS BACK: REPEAT 3X

&,1 RIGHT Step forward; LEFT Step beside R (bend knees)

2 Bump Hips to the back (straighten knees)

&,3 RIGHT Step forward; LEFT Step beside R (bend knees)

4 Bump Hips to the back (straighten knees)

&,5 RIGHT Step forward; LEFT Step beside R (bend knees)

6 Bump Hips to the back (straighten knees)

&,7 RIGHT Step forward; LEFT Step beside R (bend knees)

8 Bump Hips to back (straighten knees)

SEC.V (33-40) BACK 3X, TOUCH: REPEAT

1,2,3 RIGHT; LEFT; RIGHT Steps back

4 LEFT Touch forward [Head looks L, index fingers point side L]

5,6,7 LEFT; RIGHT; LEFT Steps back

8 RIGHT Touch forward [Head looks R, index fingers point side R]

SEC.VI (41-48) SIDE-TOUCH, SIDE-TOUCH, FORWARD, TURN, TURN, SIDE

1,2 RIGHT Step to side R; LEFT Touch beside R; [index fingers point down]

3,4 LEFT Step to side L; RIGHT Touch beside L; [index fingers point down]

5,6 RIGHT Step forward; Execute 1/2 Turn L with LEFT Step forward

7,8 RIGHT Step forward with 1/4 Turn L; Left Rock/Step side L

Begin Again

Two Bridges:

Bridge #1 occurs on the 9 o'clock wall, at end of third rotation

Bridge #2 occurs on the 6 o'clock wall, at end of sixth rotation

They occur on an instrumental section

Bridge

1,2 RIGHT Rock/Step diagonal R forward; LEFT Recover/Step back

&,3,4 RIGHT Step beside L; LEFT Heel 'DIG' diagonal L forward; HOLD

5,6 LEFT Rock/Step diagonal L forward; RIGHT Recover/Step back

&,7,8 LEFT Step beside L; RIGHT Heel 'DIG' diagonal R forward; HOLD