

ARMS OF MARY

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Count: 64

Wall: 2

Level: beginner/intermediate

Choreographer: Michael Vera-Lobos

Music: Arms Of Mary by Keith Urban

SIDE STEP, DRAG BESIDE, BALL-SIDE, CROSS ROCK, ROCK BACK $\frac{1}{4}$ LEFT, $\frac{1}{2}$ LEFT, $\frac{1}{4}$ LEFT

1-2&3-4 Travel right -- step side right, drag left towards right & stepping onto left, step right to right side, cross/rock left over right

5-6-7-8 Rock back on right, travel left turn $\frac{1}{4}$ on left, turn a further $\frac{1}{2}$ left stepping right turn a further $\frac{1}{4}$ left (12:00)

SIDE STEP, DRAG BESIDE, BALL-SIDE, CROSS ROCK, ROCK BACK $\frac{1}{4}$ LEFT, $\frac{1}{2}$ LEFT, $\frac{1}{2}$ LEFT

1-2&3-4 Travel right -- step side right, drag left towards right & stepping onto left, step right to right side, cross/rock left over right

5-6-7-8 Rock back on right, travel left turn $\frac{1}{4}$ on left, turn a further $\frac{1}{2}$ left stepping right turn a further $\frac{1}{2}$ left (12:00)

ROCK FORWARD, ROCK BACK, SHUFFLE BACK, TOUCH TOE BACK, $\frac{1}{2}$ PIVOT, ROCK BACK/FORWARD

1-2-3&4 Rock forward right, rock back left, shuffle back on right stepping right-left-right (9:00)

5-6-7-8 Touch left toe back, reverse pivot $\frac{1}{2}$ left (end weight right), rock back left, rock forward on right (3:00)

STEP FORWARD, $\frac{1}{2}$ PIVOT, SHUFFLE FORWARD, STEP FORWARD, HOLD, $\frac{1}{2}$ PIVOT, $\frac{1}{2}$ STEP

1-2-3&4 Step forward left, pivot $\frac{1}{2}$ right, shuffle forward left-right-left (9:00)

5-6-7-8 Step forward right, hold, $\frac{1}{2}$ pivot left, turn a further $\frac{1}{2}$ left ending with weight on right

ROCK BACK, ROCK FORWARD, SHUFFLE FORWARD, STEP FORWARD, $\frac{1}{4}$ PIVOT LEFT, CROSS, STEP SIDE

1-2-3&4 Rock back left, rock forward right, shuffle forward left-right-left (9:00)

5-6-7-8 Step forward right, $\frac{1}{4}$ pivot left (end weight left), cross/step right over left, step left to left

SAILOR $\frac{3}{4}$ RIGHT, FORWARD, ROCK BACK, $\frac{1}{2}$ LEFT BACK, $\frac{1}{2}$ LEFT, LEFT COASTER

- 1&2-3-4** Turning $\frac{3}{4}$ sailor right stepping right-left-right, rock forward left, rock back on right (3:00)
- 5-6-7&8** Travel back--turning back turn $\frac{1}{2}$ left stepping onto left, turn a further $\frac{1}{2}$ left stepping onto right, step back left & step right beside left, step forward on left (coaster)

LUNGE FORWARD, REPLACE $\frac{1}{2}$ SHUFFLE, STEP FORWARD, $\frac{1}{2}$ PIVOT, SHUFFLE FORWARD

- 1-2-3&4** Lunge forward right, rock back on left, $\frac{1}{2}$ shuffle right stepping right-left-right (9:00)
- 5-6-7&8** Step forward left, $\frac{1}{2}$ pivot right, shuffle forward left stepping left-right-left (3:00)

ROCK FORWARD, REPLACE & $\frac{1}{4}$ CROSS, SIDE DRAG, SAILOR $\frac{1}{4}$ LEFT, STEP FORWARD, $\frac{3}{4}$ PIVOT

- 1-2&3-4** Rock forward right, rock back left & turning $\frac{1}{4}$ right step onto right, crossing left over right, take a large step right to right (6:00)
- 5&6-7-8** Sailor $\frac{1}{4}$ left stepping left-right-left, & drag right towards left, step forward right, pivot $\frac{3}{4}$ left (end weight left) (6:00)

REPEAT

TO FINISH

Dance to count 46 & do a coaster $\frac{1}{4}$ cross to the front