

A THOUSAND THOUGHTS OF YOU

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Count: 48

Wall: 2

Level: intermediate

Choreographer: Ross Brown

Music: Last Thing On My Mind (Metro Mix) by Ronan Keating And LeAnn Rimes

ROCK FORWARD, BEHIND SIDE CROSS, ¼ SIDE ROCK, COASTER STEP

- 1-2 Rock forward with right, recover onto left
- 3&4 Cross right behind left, step left to the left, cross right over left
- 5-6 Rock left to the left, recover onto right turning ¼ left
- 7&8 Step back onto left, step right next to left, step forward with left

HEEL & HEEL &, STEP FORWARD, DRAG, SIDE STEP, SWAY HIPS, TAP TWICE

- 1&2& Tap right heel forward, step right next to left, tap left heel forward, step left next to right
- 3-4 Step a large step forward with right, drag left up to right touching left next to right
- 5-7 Step left to the left while swaying hips to the left, sway hips to the right, sway hips to the left placing weight fully onto left
- &8 Tap right toe next to left foot twice

¼ SWEEP, SHUFFLE FORWARD, SIDE ROCK, CROSS SHUFFLE

- 1-2 Sweep right foot from in front of left foot to behind left foot to next to left foot, while right foot is turning ¼ to the right
- 3&4 Step forward with right, bring left up to right, step forward with right
- 5-6 Rock left to the left, recover onto right
- 7&8 Cross left over right, bring right up to left, cross left over right

½ TURN OVER 2 STEPS, SHUFFLE FORWARD, ROCK FORWARD, STEP BACK, HEEL HOOK

- 1-2 Step back with right turning ¼ left, step left turning ¼ to the left
- 3&4 Step forward with right, bring left up to right, step forward with right
- 5-6 Rock forward with left, recover onto right
- 7-8 Step back with left, hook right heel in front of left shin

STEP FORWARD; RIGHT, LEFT, JUMP BACK; RIGHT, LEFT, STEP FORWARD; RIGHT, LEFT ROCK BACK

- 1-2 Step forward with right, step left next to right
- &3 Jump back with right, jump back with left placing left next to right
- 4 Hold
- 5-6 Step forward with right, step left next to right
- 7-8 Rock back with right, recover onto left

STEP FORWARD, ½ PIVOT, SHUFFLE FORWARD, ROCK FORWARD, ½ TURNING SHUFFLE

- 1-2 Step forward with right, pivot a half left
- 3&4 Step forward with right, bring left up to right, step forward with right
- 5-6 Rock forward with left, recover onto right
- 7&8 Step back with left turning ¼ left, step right next to left turning ¼ left, step forward with left

REPEAT

RESTART

On wall 2, restart at the end of section 5

TAG

At the end of wall 4, do the following tag

- 1-2 Point right to the right, cross step right over left
- 3-4 Point left to the left, cross step left over right
- 5-6 Point right to the right, cross step right over left
- 7-8 Unwind a full turn left