

# HOP2IT

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** William Sevone

**Music:** Old Time Rock & Roll by Bob Seger

## DIAGONAL STEPS: LEFT-RIGHT-LEFT-RIGHT, KICK, TOE BEHIND, STEP, 2X TOUCHES

**1-2** Step left foot forward diagonally left, turn & step right foot diagonally forward right

**3-4** Turn & step left foot forward diagonally left, turn & step right foot diagonally forward right

**Styling note: turn and lean back body into each diagonal step**

**5&6** Kick left foot forward, step left toe behind right foot, step right foot in place

**7-8** Touch left heel forward, touch left toe backwards

## 2X SIDE HOPS, FOOT SWITCH, 2X SIDE HOPS, MODIFIED JAZZ BOX WITH ¼ RIGHT

**9-10(Raising left knee) hop left on right foot, repeat**

**&11** Drop left foot to floor, (raising right knee) hop right on left foot

**12** Hop right on left foot

**Styling note: hop left-lean body to right, hop right-lean body to left**

**13-14** Cross step right foot over left, step left foot backwards

**15-16** Step right foot to right side, step left foot forward-with a ¼ turn right

## CROSS SHUFFLE, SIDE STEP, ½ TURN RIGHT, CROSS SHUFFLE, SIDE STEP, ¼ TURN LEFT

**17&18** Cross step right foot over left, step left foot behind right, cross step right foot over left

**19-20** Step left foot to left side, turn ½ right on left foot-stepping right foot to right side

**21&22** Cross step left foot over right, step right foot behind left, cross step left foot over right

**23-24** Step right foot to right side, turn ¼ left on right foot-stepping backward onto left foot

## FORWARD 1 & ¼ TRIPLE STEP RIGHT TURN, 2X CROSS SHUFFLE-SIDE STEP, STEP

**25&26&(Moving forward) triple step (right, left, right) 1 ¼ turns right, stepping left foot to left side**

**27&28** Cross step right foot over left, step left foot behind right, cross step right foot over left

**29** Step left foot to left side

**30&31** Cross step right foot over left, step left foot behind right, cross step right foot over left

**&32** Step left foot to left side, step right foot in place

**REPEAT**

**Alternative steps**

**9-10** Shoulder shimmy-stepping left foot to left side over two counts

**11-12** Shoulder shimmy-stepping left foot next to right over two counts

**25&26** Turning  $\frac{1}{4}$  right on right foot-step left foot to left side, step right foot next to left, step left foot to left side