

Cubano

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Count: 32 **Wall:** 4 **Level:** High Intermediate - Cha Cha

Choreographer: Niels Poulsen (Dk) Feb 2013

Music: A lo Cubano by Orishas. [4.05 minutes]

Intro: 32 counts from first strong beat in music, app. 29 secs into track. Start with weight fw on R

*** 1 restart: On wall 2 (starts facing 3:00), after 16 counts. Restart also happens facing 3:00**

[1 - 9] Recover sweep 1/8 R, R back rock, R step lock step, fw L, 1/2 R, 3 quick rocks

- 1 - 3** Recover back on L turning 1/8 on L and sweeping R to R side (1), rock back on R (2), recover fw on L (3) 1:30
- 4&5** Step fw on R (4), lock L behind R (&), step fw on R (5) 1:30
- 6 - 7** Step fw on L prepping upper-body slightly L (6), turn 1/2 R on L (weight stays on L) (7) 7:30
- 8&1** Rock back on R (8), recover fw on L (&), rock back on R (1) Styling: try to push hips back, fw, back on 8&1 7:30

[10 - 17] Recover fw L, walk R fw, 1/2 L, walk back on L R, 1/8 L, R step lock step

- 2 - 3** Recover weight fw onto L (2), walk fw on R prepping upper-body slightly R (3) 7:30
- 4 - 5** Turn 1/2 L on R (weight stays on R) (4), step back on L (5) 1:30
- 6 - 7** Step back on R (6), turn 1/8 L stepping L next to R (7) 12:00
- 8&1** Step fw on R (8), lock L behind R (&), step fw on R (1) * Restart wall 2 - 12:00

[18 - 25] 1/4 R into L side rock, together, change weight, step fw L, fw R, 1/2 L, full turn step

- 2 - 3** Turn a sharp 1/4 R rocking L to L side (2), recover weight onto R (3) 3:00
- 4&5** Step L next to R (4), change weight to R (&), step fw on L (5) 3:00
- 6 - 7** Step fw on R (6), turn 1/2 L onto L foot (7) 9:00
- 8&1** Turn 1/2 L stepping back on R (8), turn 1/2 L stepping fw on R (&), step fw on R (1) (Non-turny option: do a R lock step fw) 9:00

[26 - 32] Rock L fw, 1/2 shuffle L, rock R fw, syncopated back rocking chair

- 2 - 3** Rock fw on L (2), recover back on R (3) 9:00
- 4&5** Turn ¼ L stepping L to L side (4), step R next to L (&), turn ¼ L stepping fw on L (5) 3:00
- 6 - 7** Rock fw on R (6), recover weight back on L (7) 3:00
- &8&** Rock back on R (&), recover weight fw to L (8), rock fw on R (&) Styling option: when doing your very last R rock step fw (count &) go up on the ball of R turning whole body 1/8 L. When starting again on count 1 you turn ¼ R going down on a flat L foot...) 3:00

BEGIN AGAIN!

Ending Comes on wall 12 (starts facing 6:00). Do section 1 finishing the 3 rocks (facing 1:30).

There are 2 beats left in the music. They happen on counts 2, 3.

Hit these beats doing this: Recover fw on L (2), turn 1/8 L stepping fw on R (4). 12:00

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