

# Long Days

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Marita Torres (2009)

**Music:** Lucky Lips - Cliff Richard

## ROCK FORWARD, ROCK BACK, ROCK SIDE, TOE STRUT

1RF rock forward

2recover to LF

3RF rock back

4recover to LF

5RF rock right side

6recover to LF

7toe R forward

8RF next to left (snaps)

## ROCK FORWARD, ROCK BACK, ROCK SIDE, TOE STRUT

1LF rock forward

2recover to RF

3LF rock back

4recover to RF

5LF rock left side

6recover to LF

7toe L forward

8LF next to right (snaps)

## KICK BALL CHANGE X 2, STEP $\frac{1}{4}$ LEFT TURN, SHUFFLE FORWARD

**1RF kick forward**

**&** Step R beside left

**2LF in place**

**3RF kick forward**

**&** Step R beside left

**4LF in place**

**5RF forward**

**6 $\frac{1}{4}$  turn left**

**7RF forward**

**&LF behind right**

**8RF forward**

**STEP FORWARD, TOUCH, STEP BACK TOUCH, OUT, OUT- IN, IN**

**1LF forward**

**2RF touch next to left**

**3RF back**

**4LF touch next to right**

**&RF to right**

**5LF to left**

**6** Hold

**&RF to center**

**7LF to center**

**8hold**

**Tag: After the 4th wall, 16 counts**

## **GRAPEVINE RIGHT SCUFF, GRAPEVINE LEFT SCUFF**

**1RF to right**

**2LF behind right**

**3RF to right**

**4LF scuff**

**5LF to left**

**6RF behind left**

**7LF to left**

**8LF scuff**

**Back to start**