

Bum Bum Groovy

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Count: 32

Wall: 4

Level: Beginner / Intermediate

Choreographer: Sebastiaan Holtland , NL (Nov 10)

Music: Man Down by Rihanna (New single 2010)

Start After The Words "Side By Self" (24 Sec)

[1-8] Cross & Cross, Lift, Cross & Cross, 1/4 Turn R, Cross & Cross, Lift, lock step, Fwd

- 1&2&** Cross Rf over Lf, step Lf to the left, cross Rf over Lf weight onto Rf, lift Lf up
- 3&4** Cross Lf over Rf, step Rf to the right, cross Lf over Rf weight onto Lf
- 5&6&** Making a 1/4 turn to right (3) Cross Rf over Lf, step Lf to the left, cross Rf over Lf weight onto Rf, Lift Lf up
- 7&8** Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (3:00)

[9-16] 1/2 Pivot L, & Point, Sailor step R, Hitch, Cross, Side, Cross Behind, Side Rock / Recover, 1/4 Turn R, Back

- 1&2** Step forward on Rf, making a 1/2 turn to L (9) take weight onto Lf, point Rf out to right holding weight onto Lf
- 3&4&** Step Rf behind Lf, step Lf to the left, step Rf to the right (Sailor), hitch L knee up holding weight onto Rf
- 5&6** Cross Lf over Rf, step Rf to the right, cross Lf behind Rf take weight onto both feet
- 7&8** Rock Rf out to right, making a 1/4 turn to right (12) recover on Lf, step back onto Rf weight onto Rf

[17-24] 1/4 Coaster Step, Side Mambo, Cross, 3/4 Triple Turn L, Mambo Back, Fwd

- 1&2** Making a 1/4 turn to right (3) step back on Lf, step Rf beside Lf, step forward on Lf (1/4 Coaster) weight onto Lf
- 3&4** Mambo Rf to the right, recover on Lf, cross Rf over Lf weight onto Rf
- 5&6** Making a 1/4 turn to left (12) step forward on Lf, continue a 1/2 turn to left (6) step back on Rf, Step back on Lf weight onto Lf
- 7&8** Mambo back on Rf, recover on Lf, step forward on Rf weight onto Rf (6:00)

[25-32] L Point Fwd, Down Up, Coaster step L, 1/2 Pivot L, & Side, 1/4 Coaster Step

- 1&2** Point forward on Lf, Dip body down, coming up weight onto Rf (6:00)

- 3&4** Step back on Lf, step Rf beside Lf, step forward on Lf weight onto Lf
- 5&6** Step forward on Rf, making a 1/2 turn to L (12) take weight onto Lf, step Rf out to right weight onto Rf
- 7&8** Making a 1/4 turn to right (3) step back on Lf, step Rf beside Lf, step forward on Lf (1/4 Coaster) weight onto Lf

Start the dance again and have fun!

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