

Mama Makossa

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Count: 32

Wall: 4

Level: High Intermediate / Advanced

Choreographer: Ria Vos, (Nov 2013)

Music: "Soul Makossa 2.0 (feat. Wayne Beckford)"- Manu Dibango. Album: Past Present Future (English version)

Intro: 32 Counts from where the beat kicks in (\pm 18 sec)

Side, Rock Back, Roll Knee Step Out R-L, Paddle Full Turn R, Sailor $\frac{1}{2}$ Turn L

1-2& Step L Long Step to L Side, Rock Back on R, Recover on L

3-4 Step Fwd and Out on R Rolling Knee Out, Step Out on L Rolling Knee Out

5&6 $\frac{1}{4}$ Turn R Step Fwd on R, Hitch L Turning $\frac{1}{4}$ Turn R, Point L to L Side (6:00)

&7 Hitch L Turning $\frac{1}{2}$ Turn R, Point L to L Side (12:00)

8&1 Sweep L $\frac{1}{4}$ L Step L Behind R, Step R Next to L, $\frac{1}{4}$ Turn L Cross L Over R (6:00)

Bounce, $\frac{1}{2}$ Turn R Cross Bounce, $\frac{1}{4}$ L Rock Fwd-Back-Fwd, Run Back L-R

&2 Bounce Body Up, -Down

3&4 $\frac{1}{2}$ Turn R Cross R Over L, Bounce Body Up, -Down (12:00)

5&6& $\frac{1}{4}$ Turn L Rock Fwd on L, Recover on R, Rock Back on L, Recover on R (9:00)

7& Rock Fwd on L, Recover on R

8& Small "Run" Steps Back Stepping L, R

Long Step Back, Rock Back, $\frac{1}{4}$ L Scissor Cross, $\frac{1}{4}$ R, $\frac{1}{2}$ R, Step Pivot $\frac{1}{4}$ R

1 Big Step Back on L Draging R towards L

2-3 Rock Back on R, Recover on L

4&5 $\frac{1}{4}$ Turn L Step R to R Side, Step L Next to R, Cross R Over L (6:00)

6-7 $\frac{1}{4}$ Turn R Step Back on L, $\frac{1}{2}$ Turn R Step Fwd on R (3:00)

8& Step Fwd on L, Pivot $\frac{1}{4}$ Turn R (6:00)

Diag. Step Fwd, Together, Point & Point &, Step Pivot $\frac{1}{4}$ R, Run Around (a little over) Full Turn L

1-2 Big Step Fwd on L to R Diagonal, Step R Next to L (7:30)

- 3&4&** Point L to L Side, Step L Next to R, Point R to R Side, Step R Next to L
- 5-6** Step Fwd on L, Pivot ¼ Turn R (10:30)
- 7&8&** Run Around in a Small Circle using Small Steps (a little over) Full Turn Left Stepping L-R-L-R (9:00)

TAG: 32 Count Tag: After wall 7 (3:00)

L Side Touch (Clap), R Side Touch (Clap), ¼ Turn L Step Fwd Touch (Clap), R Side Touch (Clap)

- 1-2** Step L to L Side, Touch R Next to L Clap Hands Up to L Side
- 3-4** Step Diagonally Fwd to R Side, Touch L Next to R Clap Hands Down to R Side
- 5-6¼ Turn L Step Fwd on L, Touch R Next to L Clap Hands Down to L Side**
- 7-8** Step R to R Side, Touch L Next to R Clap Hands Up to R Side

L Side, Touch (Clap), R Side, Touch (Clap), ¼ L Fwd, Touch (Clap), R Side, Touch (Clap)

- 1-2** Step L to L Side, Touch R Next to L Clap Hands Down to L Side (12:00)
- 3-4** Step Diagonally Fwd to R Side, Touch L Next to R Clap Hands Up to R Side
- 5-6¼ Turn L Step Fwd on L, Touch R Next to L Clap Hands Up to L Side**
- 7-8** Step R to R Side, Touch L Next to R Clap Hands Down to R Side

L Side-Together-Side-Touch, R Side-Together-Side-Touch, ¼ Turn R (Repeat)

- 1-4** Step L to L Side, Step R Next to L, Step L to L Side, Touch R Next to L
- 5-8** Step R to R Side, Step L Next to R, Step R to R Side, Touch L Next to R (9:00)

Option Arms: 1-4 Wave arms Up to L-R-L-L, 5-8 Wave Arms Up to R-L-R-R

1-4¼ Turn R Step L to L Side, Step R Next to L, Step L to L Side, Touch R Next to L

- 5-8** Step R to R Side, Step L Next to R, Step R to R Side, Touch L Next to R (12:00)

Option Arms: 1-4 Wave arms Up to L-R-L-L, 5-8 Wave Arms Up to R-L-R-R

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