

# BAD HEART DAY

LINEDANCE.COM

**Count:** 48      **Wall:** 4      **Level:** —

**Choreographer:** Max Perry

**Music:** Bad Heart Day by Rick Tippe

**Start approximately 40 beats in on the word "BAD"**

## **KICK, KICK, STEP, TOUCH, STEP, KICK, OUT, OUT, CLAP**

- 1-2      Kick left foot forward twice
- 3-4      Step left foot beside right, touch right toe back
- 5-6      Step right next to left, kick left foot forward
- &      Small side step left with left foot
- 7-8      Small side step right with right foot, clap

## **STEP, TOGETHER, CLAP, OUT, OUT, IN, IN, ROCK STEP, COASTER STEP**

- &      Small side step back to home position with left foot
- 1-2      Small side step home with right foot, clap
- &      Step out with left foot
- 3&4      Step out with right foot, step in with left foot, step in with right foot
- 5-6      Rock step forward with left foot, step in place on right foot
- 7&      Step back with left foot, step right foot beside left foot
- 8      Step forward with left foot

## **4 QUARTER TURNS**

- 1      Step forward with right foot
- 2      Turn  $\frac{1}{4}$  to the left while stepping in place with left foot
- 3-8      Repeat 1-2 three times

## **HEEL, HOLD, TURN, HEEL OUT, HOLD**

- 1-4      Place right heel forward and hold for three counts
- &      Turn sharply  $\frac{1}{2}$  to the left placing weight on right foot
- 5-8      Place left heel forward, hold for three counts

## **FOOT SWITCHES, STEP, TURN. TOE, HEEL, STEP, TOE, HEEL**

- &1** Bring left foot next to right, touch right heel forward
- &2** Bring right foot next to left, touch left heel forward
- &3** Bring left foot next to right, step right heel forward
- 4** Turn  $\frac{1}{2}$  to the left while stepping left foot in place
- 5** Touch right toe in towards left instep
- 6** Touch right heel to right side with toe turned out
- 7&** Step right foot next to left, touch left toe in towards right instep
- 8** Touch left heel to left side with toe turned out

## **VINE ( $\frac{1}{4}$ TURN LEFT), KICK, BACK RIGHT, BACK LEFT, COASTER STEP (RIGHT-LEFT-RIGHT)**

- 1-2** Step to left with left foot, step behind left with right foot
- 3-4** Turn  $\frac{1}{4}$  left and step left foot forward, scuff right heel forward
- 5-6** Step back on right foot, step back on left foot
- 7&8** Step back with right foot, step left foot next to right, step forward with right foot

## **REPEAT**