

# Let's Turn It Up!

LINEDANCE.COM

**Count:** 96

**Wall:** 4

**Level:** Phrased Intermediate / Advanced WCS

**Choreographer:** Niels Poulsen (Denmark) March 2015

**Music:** Time of Our Lives by Pitbull & Ne-Yo. [3:49. - iTunes, etc.]

**Intro: 64 count intro (30 secs. into track). Start with weight on L foot**

**#1 Restart: Do the first 16 counts of wall 9 (starts at 6:00). Then Restart facing 6:00**

**Sequence: Intro, 64, 32, 32, 64, 32, 32, 32, 32, 16, 32, 32.**

**OPTION!!!: To match the music change a few of the steps in 3 different places. See bottom of page.**

**A - 64 counts, 2 walls (You only do it twice, each time facing 12:00 and each time ending facing 6:00)**

**A[1 - 9] Walk R L, kick out out, ball step, ½ Monterey R, side mambo ¼ R**

- 1 - 2** Walk R (1), walk L (2) 12:00
- 3&4** Kick R low fwd (3), step small step out R (&), step small step out L (4) 12:00
- &5 - 7** Step R towards L (&), cross L slightly over R (5), point R to R side (6), turn ½ R on L stepping R next to L (7) 6:00
- 8&1** Rock L to L side (8), turn ¼ R as you recover onto R (&), step fwd on L (1) 9:00

**A[10 - 17] R rock fwd, run RL back, big R step back, drag, ball back rock, L samba step**

- 2 - 3** Rock fwd on R (2), recover back on L (3) 9:00
- 4&5** Run back on R (4), run back on L (&), step a big step back on R (5) 9:00
- 6&7** Drag L next to R (6), rock quickly back on L (&), recover fwd on R (7) 9:00
- 8&1** Cross L slightly over R (8), rock R to R side (&), recover onto L (1) 9:00

**A[18 - 25] Weave 1/8 R, 1/8 R into L coaster step, fwd R with swivels, R coaster cross**

- 2&3** Cross R over L (2), step L to L side (&), turn 1/8 R when crossing R behind L (3) 10:30
- 4&5** Turn 1/8 R stepping back on L (4), step R next to L (&), step fwd on L (5) 12:00
- 6&7** Place R foot fwd (6), swivel both heels R (&), swivel both heels back to neutral (7) 12:00
- 8&1** Step back on R (8), step L next to R (&), cross R over L (1) 12:00

**A[26 - 32] Hitch L, big side L, slide, side R, hip R L & shoulder pops, ball step & shoulder pops**

- 2 - 4 Hitch L leg (2), step L a big step to L side (3), slide R towards L (4) 12:00
- 5 - 6 Step R to R side and bump hip R and drop R shoulder and lift L shoulder up (5), bump L hip L and drop L shoulder and lift R shoulder up (6) 12:00
- 7&8 Bump hips R and drop R shoulder down and lift L shoulder up (7), step L next to R and repeat shoulder drop/lift (&), step R to R side and repeat shoulder drop/lift (8) 12:00

**Nerdy option! - To hit ALL the pronounced syllables in the 'drop, drop, drop, drop it like it's hot' squeeze in 2 more shoulder pops (don't change your steps tho!).**

**In this case you pop your shoulders on counts 5-6&7e&8...: 'drop (5), drop (6), drop (&), drop (7), it (e) like it's (&) hot (8)'**

**A[33 - 40] L sailor step, behind side cross, point L with hip, together, point R with hip, together**

- 1&2 Cross L behind R (1), step R to R side (&), step L to L side (2) 12:00
- 3&4 Cross R behind L (3), step L to L side (&), cross R over L (4) 12:00
- 5 - 6 Point L to L diagonally pushing hips fwd (5), step L next to R (6) 12:00
- 7 - 8 Point R to R diagonally fwd pushing hips fwd (7), step R next to L (8) 12:00

**A[41 - 48] Rock L fwd, ¼ L into chasse, R vaudeville, ball cross, side R**

- 1 - 2 Rock L fwd (1), recover back on R (2) 12:00
- 3&4 Turn ¼ L stepping L to L side (3), step R next to L (&), step L to L side (4) 9:00
- 5&6 Cross R over L (5), step L a small step to L side (&), touch R heel diagonally fwd R (6) 9:00
- &7 - 8 Step R next to L (&), cross L over R (7), step R to R side (8) 9:00

**A[49 - 56] L behind with sweep, R behind, chassé ¼ L, R rock fwd, R back lock step**

- 1 - 2 Cross L behind R bending in L knee and sweeping R to R side (1), cross R behind L (2) 9:00
- 3&4 Step L to L side (3), step R next to L (&), turn ¼ L stepping fwd on L (4) 6:00
- 5 - 6 Rock fwd on R (5), recover back on L (6) 6:00
- 7&8 Step back to R (7), lock L in front of R (&), step back on R (8) 6:00

**A[57 - 64] ¼ L into L side rock, together, R side rock, R sailor ¼ R, fwd L, L heel swivel**

- 1 - 2& Turn sharp ¼ L rocking L to L side (1), recover on R (2), step L next to R (&) 3:00

- 3 - 4 Rock R to R side (3), recover on L (4) 3:00
- 5&6 Cross R behind L (5), turn  $\frac{1}{4}$  R stepping L next to R (&), step R slightly fwd (6) 6:00
- 7&8 Place L foot fwd (7), swivel L heel to L side (&), return L heel to neutral stepping onto L and flicking R foot back (8) 6:00

**B - 32 counts, 4 walls (please note that the first time you do B you will be facing 6:00 )**

**B[1 - 8] Step  $\frac{1}{2}$  L, R shuffle fwd, cross, side rock cross, point L**

- 1 - 2 Step fwd on R (1), turn  $\frac{1}{2}$  L stepping onto L (2) 12:00
- 3&4 Step fwd on R (3), step L behind R (&), step fwd on R (4) 12:00
- 5 Cross L slightly in front of R (5) 12:00
- 6&7, 8 Rock R to R side (6), recover on L (&), cross R over L (7), point L to L side (8) 12:00

**B[9 - 16] Hip roll from R to L, ball cross, jazz  $\frac{1}{2}$  R, L shuffle fwd**

- 1 - 3 Roll your hips anti-clockwise (1 - 3) - hit the lyrics 'I work my ass off'... □ 12:00
- &4 Step L next to R (&), cross R over L (4) 12:00
- 5 - 6 Turn  $\frac{1}{4}$  R stepping back on L (5), turn  $\frac{1}{4}$  R stepping fwd on R (6) 6:00
- 7&8 Step fwd on L (7), step R behind L (&), step fwd on L turning upper-body slightly R to prepare for full turn in next section (8) -

**\* Restart here on wall 7: which starts facing 6:00.**

**B[17 - 24] L full turn,  $\frac{1}{2}$  lock step, L back rock,  $\frac{1}{4}$  R into L chasse**

- 1 - 2 Turn  $\frac{1}{2}$  L stepping back on R (1), turn  $\frac{1}{2}$  L stepping fwd on L (2) 6:00
- 3&4 Turn  $\frac{1}{4}$  L stepping R to R side (3), turn  $\frac{1}{4}$  L locking L over R (&), step back on R (4) 12:00
- 5 - 6 Rock back on L (5), recover fwd onto R (6) 12:00
- 7&8 Turn  $\frac{1}{4}$  R stepping L to L side (7), step R next to L (&), step L to L side (8) 3:00

**B[25 - 32] Touch behind, full unwind R, L side rock cross, R side rock, R back rock**

- 1 - 2 Touch R behind L (1), unwind a full turn R changing weight to R (2) 3:00
- 3&4 Rock L to L side (3), recover on R (&), cross L over R (4) 3:00
- 5 - 6 Rock R to R side (5), recover on L (6) 3:00
- 7 - 8 Rock back on R (7), recover fwd to L (8) 3:00

**Start again! ...**

**CHANGE OF STEPS!!! To match the various changes of lyrics and beats throughout the track you (can choose to) change some of the steps in 3 different places in the dance.**

**The 1st time is during your second A, in section 2, counts 5-6&7. Do the following to hit the lyrics 'shake your ass'...**

**Point back, hip bumps & pop**

- 5** Point R backwards (5) 9:00
- 6&7** Bump hips back (6), bump hips fwd and up (&), bump hips back popping L knee fwd (7) ...  
... continue from count 8 (L samba step) 9:00

**The 2nd time is also during your second A, in section 4, counts &5-8. Do the following to hit the beats in the music:**

**Ball cross, hitch, step slide**

- &5 - 6** Step small step back on R (&), cross L over R (5), hitch R knee (6) 12:00
- 7 - 8** Step R a big step to R side (7), slide L towards R (8) ... continue with the L sailor step ...  
12:00

**The 3rd time is the last 2 counts of the B section. It always happens during the verse where Ne-Yo sings 'I work my ass off' and it always happens facing 3:00. Hit the lyrics this way: Back R with L knee pop, hold, weight change to L**

- &7 - 8** Step back on R like doing a R back rock but pop your L knee fwd to hit 'HEY' in the lyrics  
**(&), HOLD (7), step down on L (8) - (This change happens 3 times doing the B) 3:00**

**Contact: niels@love-to-dance.dk - www.love-to-dance.dk**