

Mama's Words (□□□□)

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Henry Costa (USA) Feb 08

Music: □□□□ by Jay Chou (□□□) - CD: Still Fantasy(□□□□) 96bpm

□□□ 2 X 8 □ 16□□

□□□

SIDE, TOGETHER, SIDE, TOGETHER, RIGHT

SIDE SHUFFLE, CROSS, SIDE, BACK, CROSS

□ , □ , □ , □ , □□□□ , □□ , □ , □ , □

1- 4

Step side RIGHT, step LEFT next RIGHT, step

Side RIGHT, step LEFT next RIGHT

□□□□ , □□□□ , □□□□ , □□□□

(Optional arm movements:

as you step side right, Wave left hand across the top of head, just past

right Of head: arm slightly bent. Back to left when step next to starting

foot. Think of arm waving side to side at a concert!)

□□□□□□□□□□ , □□□□□□ , □□□□□□□□□□

5 & 6

(Right Side Shuffle) Step side RIGHT, slide

LEFT Next to RIGHT, step side RIGHT (arm now at side)

(□□□□□□)□□□□ , □□□□ , □□□□

7&8&

Cross LEFT in front of RIGHT, step side

RIGHT, Step back LEFT (Slightly back past RIGHT), Cross RIGHT in front of

LEFT (weight on RIGHT)

□□□□□□□□ , □□□□ , □□□□ , □□□□□□□□

□□□

SIDE, TOGETHER, SIDE, TOGETHER, LEFT
SIDE SHUFFLE, CROSS, SIDE, BACK, CROSS

□ , □ , □ , □ , □□□□□□ , □□ , □ , □ , □ , □□

1-4

Step side LEFT, step RIGHT next LEFT, step

Side LEFT, step RIGHT next LEFT □□□□ , □□□□ , □□□□ , □□□□

(Optional arm movements:

as you step side left, Wave right hand across the top of head, just past left of head: arm slightly bent . Back to right when step next to starting foot.

Think of arm waving side to side at a concert!)

□□□□□□□□□□ , □□□□□□ , □□□□□□□□□□

5 & 6

(Left Side Shuffle) Step side LEFT, slide

RIGHT Next to RIGHT, step side LEFT (arm now at side)

(□□□□□□)□□□□ , □□□□ , □□□□

7&8&

Cross RIGHT in front of LEFT, step side LEFT,

Step back RIGHT (Slightly back past LEFT), Cross LEFT in front of RIGHT

(weight on LEFT)

□□□□□□□□ , □□□□ , □□□□ , □□□□□□□□

□□□

LONG STEP SIDE RIGHT, SLIDE TOUCH

LEFT NEXT TO RIGHT, 1/4 LEFT SIDE SHUFFLE, LONG STEP SIDE RIGHT, 1/4 LEFT

SIDE SHUFFLE

□□□□□ , □□ , 1/4□□□□□ , □□□□□ , 1/4□□□□□

1-2

Long step side RIGHT, slide LEFT toe touch

next to RIGHT

□□□□□□□ , □□□□□

3&4

(1/4 turn Left side shuffle to left) Step

Left 1/8 turn to left, Slide RIGHT next to LEFT to continue the turn, Step

side LEFT 1/8 of turn to complete 1/4 turn

(□□ 1/4□□□□□)□□□□ 1/8, □□□□□ , □□□□ 1/8

5-6

Long step side RIGHT, slide LEFT toe touch

next to RIGHT

□□□□□□□ , □□□□□

7&8

(1/4 turn Left side shuffle to left) Step

Left 1/8 turn to left, Slide RIGHT next to LEFT to continue the turn, Step

side LEFT 1/8 of turn to complete 1/4 turn (weight on LEFT)

(□□ 1/4□□□□)□□□□ 1/8, □□□□□□ , □□□□ 1/8

□□□

45 DEGREE

ANGLE RIGHT SHUFFLE FORWARD, 45 DEGREE ANGLE LEFT FORWARD SHUFFLE, SKATE STEP
RIGHT ANGLE FORWARD, SKATE STEP LEFT ANGLE FORWARD

□ 45□□□□ , □ 45□□□□ , □□□□ , □□□□

1&2

(RIGHT 45 Degree angle/ Right shuffle

forward) Step forward RIGHT, Slide LEFT forward next to RIGHT, step forward

RIGHT

(□ 45□□ /□□□□□□)□□□□ , □□□□□□ , □□□□

3&4

(LEFT 45 Degree angle/ LEFT shuffle forward)

Step forward LEFT, Slide RIGHT forward next to LEFT, step forward LEFT

(□ 45□□ /□□□□□□)□□□□ , □□□□□□ , □□□□

5-6

(Right skate step forward) Slide RIGHT

forward (turning body Slightly To right), slide touch LEFT toe next to

RIGHT

(□□□□)□□□□ (□□□□□□)□□□□□□

7-8

(Left skate step forward) Slide LEFT forward

(turning body Slightly To left), slide touch RIGHT toe next to LEFT (weight on LEFT)

(□□□□)□□□□ (□□□□□□)□□□□□□ (□□□□□□)