

ARE YOU READY?

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Count: 40

Wall: 4

Level: intermediate

Choreographer: Pat Stott

Music: Are You Ready To Rock by Wizzard

SIDE, STRUT, CROSS STRUT, SIDE, RECOVER, CROSS, SIDE STRUT, CROSS STRUT, SIDE, RECOVER, CROSS

1&2& Right toe to right, lower heel, cross left toe over right, lower heel

3&4 Rock right to right, recover onto left, cross right over left

5&6&7&8 Repeat steps 1-4 to left

MAMBO FORWARD, LOCK STEP BACK, MAMBO BACK, LOCK STEP FORWARD

1&2 Rock forward on right, recover on left, step back on right

3&4 Step back on left, cross right over left, step back on left

5&6 Rock back on right, recover on left, step forward on right

7&8 Step forward on left, cross right behind left, step forward on left

TOE STRUT JAZZ BOX WITH ¼ TURN RIGHT, CHARLESTON, COASTER CROSS

1&2& Cross right toe over left, lower heel. Left toe back, lower heel

3&4 Turn ¼ right taking right toe to right side, lower heel, step left forward

5-6 Touch right toe forward, step back on right

7&8 Step back on left, close right to left, step left across right

If using "Are You Ready To Rock" in order to fit with the music steps 5-8 are not danced during the first sequence

VINE RIGHT, TAP, SIDE, TAP & CLAP, SIDE, TAP & CLAP, ROLLING VINE,(OR GRAPEVINE) SIDE, TAP & CLAP, SIDE, TAP & CLAP

1&2& Step right to right, cross left behind right, step right to right, tap left next to right

3&4& Step left to left, tap right next to left & clap, step right to right, tap left next to right & clap

5& Turn ¼ to left and step forward on left, turn ¼ to left and step right to right side

6& Turn ½ to left and step left to left side, tap right next to left

7&8& Step right to right, tap left next to right & clap, step left to left, tap right next to left & clap

As this is fast you can replace rolling vine (steps 5&6&) with a normal vine to left

MODIFIED SAILOR STEP, STEP FORWARD, $\frac{1}{4}$ PIVOT, STEP FORWARD, $\frac{1}{4}$ PIVOT

- 1&2&** Rock right to right, left foot in place, cross right behind left, rock left to left
- 3&4&** Right foot in place, cross left behind right, rock right to right, left foot in place
- 5-6** Step forward on right, pivot $\frac{1}{4}$ left transferring weight to left
- 7-8** Step forward on right, pivot $\frac{1}{4}$ left transferring weight to left

REPEAT

ENDING:

Dance up to the end of section 3 (the Charleston and coaster step), then just step forward on right and raise both arms in the air on the last beat