

EMBRACE THE WIND

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Count: 48

Wall: 2

Level: Intermediate level

Choreographer: Sandy Kerrigan (July 07)

Music: Miss You Nights by Westlife

REVERSE ½ PIVOT TURN RIGHT, ¼ RIGHT SIDE, LEFT CROSS SHUFFLE, ¼ LEFT, ¼ LEFT, ½ HINGE LEFT WITH DRAG, LEFT SIDE SHUFFLE

- 1-2&** Touch right toe behind left, turn ½ right (weight to left), turn ¼ right and step right to side (9:00)
- 3&4** Crossing shuffle stepping left, right, left
- &5** Turn ¼ left and step right back, turn ¼ left and step left to side
- 6** Step right slightly to side
- 7&8** Turn ½ left and shuffle to side left, right, left (9:00)

STEP BACK, FORWARD, BACK, SYNCOPATED ROCK, SIDE DRAG, TURN ¼ LEFT SIDE DRAG, STEP BACK RIGHT, LEFT CROSS SHUFFLE

- &1-2** Step right diagonally forward, rock left forward, recover to right
- 3&4-5** Rock left back, recover to right, step left forward, step right to side
- 6&** Turn ¼ left and step left to side, step right back (6:00)
- 7&8** Crossing shuffle stepping left, right, left

STEP SIDE, ROCK BACK, SYNCOPATED WEAVE LEFT, CROSS RIGHT OVER WITH TURN ½ LEFT, BACK ROCK, FORWARD LEFT COASTER, TURN ½ RIGHT STEP FORWARD

- &1-2** Step right to side, cross/rock left behind right, recover to right
- &3&4** Step left to side, cross right behind left, step left to side, turn 1/8 left and step right forward (4:30)
- 5-6** Turn ½ left and rock left back, recover to right (10:30)
- &7&8** Step left forward, step right together, step left back, turn ½ right and step right forward (4:30)

STEP FORWARD, BACK ROCK, STEP SIDE, LOCK SHUFFLE BACK, BACK DRAG, BACK DRAG, STEP BACK, STEP BACK, LOCK SHUFFLE FORWARD

&1-2& Rock left forward, recover to right, step left forward, turn 1/8 left and step right to side (3:00)

3&4 Step left back, lock right over left, step left back Body angles to right

5-6&Step right back, step left back, step right back Restart goes here on wall 3, after changing counts 7&8

7&8 Step left forward, lock right behind left, step left forward

½ LEFT STEP BACK, WALK BACK WITH DRAGS, LEFT SAILOR STEP, STEP FORWARD, ½ RIGHT STEP BACK, STEP BACK, ¼ LEFT SAILOR TURN

&1-2 Turn ½ left and step right back, step left back, step right back (9:00)

3&4 Sailor step left, right, left

&5-6 Step right forward, turn ½ right and step left back, step right back (3:00)

7&8 Turn ¼ left and sweep left front to back and step left back, rock right to side, recover to left (12:00)

TOGETHER, SIDE ROCK TURN ¼ RIGHT, RIGHT SHUFFLE TURN ¼, TOGETHER, ¼ RIGHT, STEP BACK, ½ RIGHT STEP BACK, STEP BACK RIGHT, BACK ROCK TURN ¼ RIGHT SIDE

&1-2 Step right together, rock left to side, recover to right

3&4 Turn ¼ right and step left to side, turn ¼ right and step right together, turn ¼ right and step left back (9:00)

&5-6 Step right back, turn ½ right and step left back, step right back (9:00)

7-8&Rock left back, recover to right, turn ¼ right and big step left to side (6:00) REPEAT

RESTART: On wall 3, counts 31&32 (lock shuffle forward) are replaced with the following

7&8Step left forward, turn ¼ left and step right to side, step left back (12:00) Then restart the dance