

Kung Fu Fighting '07

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Count: — **Wall:** 1 **Level:** Phrased Intermediate FUN Dance

Choreographer: Winnie Yu (Dancepooh) (Canada) March 2007

Music: Ku Fu Fighting by Techno Fatboy Slim (Dance Remix)

-Intro/Count in: 16 count

-Sequence: A A B C, A A B C, Tag, A B B- (first 16 counts of B & 4 extra counts: step fwd right, pivot ½ turn left, step fwd right, pivot ½ turn left, weight on right)

*****This dance is dedicated to the Carefirst 2007 Young at Heart Charity Gala held in March 2007. A total of C\$10,000 was raised from the performance “Kung Fu Fighting ‘07” in this charity event.**

PART A:-

Section 1 WALK FORWARD, KICK, WALK BACKWARD, TOGETHER, STEP

1-4 Walk forward R, L, R, kick left forward and punch forward right arm (Close fist)

5-6 Walk backward L, R,

7&8 Walk backward on left, step right beside left, step left in place

Section 2

Repeat Part A- section 1

Section 3 SIDE, HOLD, (½ TURN SIDE, HOLD) x 2, TOGETHER, STEP - arms close fist

1-2 Step right to right side, hold

(Count 1- Hand Movement (shoulder level):-bring L arm to front of chest and R arm punch out to R)

3-4 Make a ½ turn right stepping left to left side, hold (6:00)

(Count 3- Hand Movement (shoulder level):-bring R arm to front of chest and L arm punch out to L)

5-6 Make a ½ turn left stepping right to right side, hold (12:00)

(Count 5- Hand Movement (shoulder level):-bring L arm to front of chest and R arm punch out to R)

7-8 Step left beside right, step right in place

(Repeat hand movement of count 3 & 5)

Section 4 SIDE, HOLD, ($\frac{1}{2}$ TURN SIDE, HOLD) x 2, TOGETHER, STEP - arms close fist

1-2 Step left to left side, hold

(Count 1- Hand Movement (shoulder level):-bring R arm to front of chest and L arm punch out to L)

3-4 Make a $\frac{1}{2}$ turn left stepping right to right side, hold (6:00)

(Count 3-Hand Movement (shoulder level):-bring L arm to front of chest and R arm punch out to R)

5-6 Make a $\frac{1}{2}$ turn right stepping left to left side, hold (12:00)

(Count 5-Hand Movement (shoulder level):-bring R arm to front of chest and L arm punch out to L)

7-8 Step right beside left, step left in place

(Repeat hand movement of count 3 & 5)

PART B:-

Section 1 VINE RIGHT, CROSS, KICK, BEHIND, SIDE, CROSS

1-2 Step right to right side, step left behind right

3-4 Step right to right side, cross left over right

5-6 Kick right out to right side, step right behind left

7-8 Step left to left side, cross right over left

Section 2 VINE LEFT, CROSS, KICK, BEHIND, SIDE, CROSS

1-2 Step left to left side, step right behind left

3-4 Step left to left side, cross right over left

5-6 Kick left out to left side, step left behind right

7-8 Step right to right side, cross left over right

Section 3 (ROLLING VINE, CLAP) x 2

1-2 Make a $\frac{1}{2}$ turn right stepping right to right side, make a $\frac{1}{2}$ turn left stepping left to left side

- 3-4 Step right to right, touch left beside right and clap hands
- 5-6 Make a ½ turn right stepping left to left side, make a ½ turn left stepping right to right side
- 7-8 Step left to left side, touch right beside left and clap hands

Section 4 (KICK, ½ TURN FLICK, SHUFFLE FORWARD) x 2

- 1-2 Kick right forward, make a ½ turn left and flick right foot back (6:00)
- 3-4 Step forward on right, step left beside right, step right forward
- 5-6 Kick left forward, make a ½ turn right and flick left foot back (12:00)
- 7-8 Step forward on left, step right beside left, step left forward

PART C:-

Section 1 (HEEL, TOE, HEEL, STEP) x 2

- 1-2 Dig right heel forward, touch right toe back
- 3-4 Dig right heel forward, step right beside left
- 5-6 Dig left heel forward, touch left toe back
- 7-8 Dig left heel forward, step left beside left

Section 2 (HEEL, TOE) x2, TOUCH x 4

- 1-2 Dig right heel forward twice
- 3-4 Touch right toe back twice
- 5-6 Touch right toe forward, touch right toe to right side
- 7-8 Touch right toe back, touch right toe to right side

Section 3 (STEP, KICK) x 4 (moving forward) - arms punch up & down with CLOSE fist

- 1 Step forward on right -- both arms cross in front of chest
- 2 Kick left out to left side -- both arms up - V shape
- 3 Step forward on left -- both arms cross in front of chest
- 4 Kick right out to right side -- both arms down and punch out
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

Section 4 (SAILOR STEP) x 4 (moving backward)

- 1&2 Step back on right, step back on left, step right to right side

- 3&4** Step back on left, step back on right, step left to left side
- 5&6** Step back on right, step back on left, step right to right side
- 7&8** Step back on left, step back on right, step left to left side

TAG (36 counts):-

Section 1 (SIDE, TOUCH) X 2, SIDE, BEHIND, ¼ TURN FORWARD, TOGETHER

- 1-2** Step right to right side, touch left out diagonal left
- 3-4** Step left to left side, touch right diagonal right
- 5-6** Step right to right side, step left behind right
- 7-8** Make a ¼ turn right stepping forward on right, step left beside right (3:00)

Section 2 Repeat Section 1 (6:00)

Section 3 Repeat Section 1 (9:00)

Section 4 Repeat Section 1 (12:00)

Section 5 (FORWARD, ½ TURN) x 2

- 1-2** Step forward on right, pivot ½ turn left
- 3-4** Step forward on right, pivot ½ turn left (12:00)

HAVE FUN AND ENJOY!