

Blow Your Mind (□□□□)

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Paul McAdam (Mar 09)

Music: Blow Your Mind by Jamiroquai

□□□ **Approximately**

16 counts, 12 seconds into song □ 16□□□□

□□□

Behind-Side-Cross, Ball-Step

X2, Touch Cross, Kick-Ball-Side

□ -□ -□□□ , □□□□ , □□□ , □□□

1&2

Cross left foot behind right, step right foot to right

side, cross left foot over right

□□□□□□□□ , □□□□ , □□□□□□□□

3&

Step down on ball of right foot, step down on left foot

□□□ , □□□

4&

Step down on ball of right foot, step down on left foot

□□□ , □□□

5,6

Touch right toe out to right side, cross right foot

over left

□□□□ , □□□□□□

7&8

Kick left foot forward, step ball of left foot next to

right, step right foot to right side □□□□ , □□□□ , □□□□

□□□

Rock &Side, Rock 1/4

Turn Side, Rock & Side, Behind-Side-Cross

□□□□ , □□□□ 1/4□□ , □□□□ , □□ -□□ -□□

1&2

Rock left foot behind right, recover weight onto right,

step left foot to left side □□□□□□□□ , □□□□□□ , □□□□

3&4

Rock right foot behind left, make a 1/4 turn left and

step left foot forward, step right foot to right side

□□□□□□□□ , □□ 90□□□□□□ , □□□□

RESTART: 8TH WALL, Restart the dance on the 8th wall

after count 12.

□□□□□□□□ , □□□□

5&6

Rock left foot behind right, recover weight onto right,

step left foot to left side □□□□□□□□ , □□□□□□ , □□□□

7&8

□□

Step Back Hip Push X2,

Coaster-Step-Lock-Step, 1/2 Touch

□□□□ , □□ -□□ , □ 1/2□

1,2

Step back on right foot in line with left foot, push

left hip forward

□□□□ , □□□□

3,4

Step back on left foot in line with right foot, push

right hip forward

□□□□ , □□□□

5&6

Right coaster step

□□□□

&7

Lock left foot behind right, step right foot forward

□□□□□□□□ , □□□□

&8

Make a 1/2 turn right on right foot, touch left toe to

left side.

□□ 180□ , □□□□