

Footloose

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Count: 64 **Wall:** 1 **Level:** Phrased Advanced

Choreographer: William Sevone . (Feb 2011)

Music: "Footloose" (174 bpm) by Kenny Loggins ("Footloose OST / many compilations")

**Dance Sequence:- A-A-A(28)-B-B-A(16)-A-A-A(20)-B-B-A-A-A(20)-B-B-B-B(24)-Finale.
(phewww)**

Choreographers note:- REMEMBER to read the Dance Notes.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts with the main vocals.

SECTION A

4x 'On The Spot' Toe Strut.

- 1 - 2 Step right toe to right side. Drop right heel to floor.
- 3 - 4 Step left toe to left side. Drop left heel to floor.
- 5 - 6 Step right toe to right side. Drop right heel to floor.
- 7 - 8 Step left toe to left side. Drop left heel to floor.

2x Kick Ball-Forward. Side. Side. Back. Together.

- 9& 10 Kick right forward, step right next to left, step slightly forward onto left.
- 11& 12 Kick right forward, step right next to left, step slightly forward onto left.
- 13 - 14 Step right to right side. Step left to left side.
- 15 - 16 Step right backward and to centre. Step left next to right.

Dance Note: On 4th 'A' repetition - after count 16 restart dance from count 1.

2x Swivel-Hold. 4x Swivel.

- 17 - 18 Swivel heels right. Hold
- 19 - 20 Swivel toes right. Hold

Dance Note: On 7th and 10th 'A' repetition - start Section B from this point.

- 21 - 22 Swivel heels right. Swivel heels left.

23 - 24 Swivel toes left. Swivel heels to centre - with weight on right.

Diagonal Kick. Weave. Diagonal Kick. Behind. Coaster Step.

25 - 26 Kick left diagonally to left side. Step left behind right.

27 - 28 Step right to right side. Cross left over right.

Dance Note: On 3rd 'A' Repetition - start section B from this point.

29 - 30 Kick right diagonally to right side. Step right behind left.

31& 32 Step backward onto left, step right next to right, step left slightly forward.

SECTION B

Side. Side. Slap. Slap. Cross. 3/4 'Hot Tamales Turn'.

1 - 2 Step right to right side. Step left to left side.

3 - 4 Bump hip right - slap hip with right hand. Bump hip left - slap hip with left hand.

5 - 6 Cross right over left & turn $\frac{1}{4}$ left. Bending at knees - 'push' right shoulder.

7 - 8 Keep turning and $\frac{3}{4}$ to face 12:00 (whilst straightening up) - 'pushing' right shoulder.

2x Large Push Step-Recover-Together. 2x Side.

9 - 10 Large push step to right on right. Recover onto left.

11 - 12 Step right next to left. Large push step to left on left.

13 - 14 Recover onto right. Step left next to right.

15 - 16 Small step right to right side. Small step left to left side.

2x Jump Together-Apart-Cross-1/2 Left.

17 - 18 Jump - both feet together. Jump - both feet apart.

19 - 20 Jump - crossing right over left. Unwind $\frac{1}{2}$ left (6)

21 - 22 Jump - both feet together. Jump - both feet apart.

23 - 24 Jump - crossing right over left. Unwind $\frac{1}{2}$ left (12)

Dance Note: Keep feet on jumps and crosses only slightly apart.

On 8th 'B' repetition - start the 'Finale' from this point.

Out-In Heel and Toe Splits.

25 - 26 moving outward - Split heels apart (toes in). Split toes apart (heels in)

27 - 28 moving outward - Split heels apart (toes in). Split toes apart (heels in)

29 - 30 moving inward - Toes in (heels apart). Heels in (toes apart).

31 - 32 moving inward - Toes in (heels apart). Heels in (toes apart).

FINALE: After count 24 of the 8th 'B' repetition

Jump Apart. Hold. Clap. Hold. Jump 1/4 Left. Hold. Clap Hold (9:00)

- 1 - 2** Jump - feet apart. Hold
- 3 - 4** Clap hands - chest height. Hold
- 5 - 6** Jump & turn $\frac{1}{4}$ left - feet apart (9). Hold
- 7 - 8** Clap hands - chest height. Hold

2x Jump 1/4 Left-Hold-Clap-Hold (3:00)

- 9 - 10** Jump & turn $\frac{1}{4}$ left - feet apart (6). Hold
- 11 - 12** Clap hands - chest height. Hold
- 13 - 14** Jump & turn $\frac{1}{4}$ left - feet apart (3). Hold
- 15 - 16** Clap hands - chest height. Hold

Jump 1/4 Left. Hold. Clap. Hold. Jump Apart. Hold. Clap. Hold (12:00)

- 17 - 18** Jump & turn $\frac{1}{4}$ left - feet apart (12). Hold
- 19 - 20** Clap hands - chest height. Hold
- 21 - 22** Jump - feet apart. Hold
- 23 - 24** Clap hands - chest height. Hold

Freak-Out. Freeze.

25 - 34 GO WILD/FREESTYLE - wave arms, tap dance, Peacock - do anything you want.

35 - 36 FREEZE.. and hold the pose for two counts (end of music).