

# Hairspray (□□□□□ )

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**Count:** 176

**Wall:** 1

**Level:** Phrased High Intermediate

**Choreographer:** Simon Ward & Rachael McEnaney , (July 2012)

**Music:** You Can't Stop The Beat - Nikki Blonsky, Zac Efron, Amanda Bynes, Elijah Kelley, John Travolta & Queen Latifah

## A - 80

### counts

□□□

**Lock step at 45 deg left, Lock step**

**at 45 deg R**

**1-4**

**Step right forward at 45 deg left, Lock/step**

**left behind right, Step right forward, Hitch left knee turning a ¼ turn right**

**1.30**

□□□ 45□□□□ , □□□□□□□□ , □□□□ , □□□□ 90□ (□□ 1:30)

**5-8**

**Step left forward, Lock/step right behind**

**left, Step left forward, Hitch right knee turning ¼ turn left 10.30**

□□□□ , □□□□□□□□ , □□□□ , □□□□ 90□ (□□ 10:30)

□□□

**Cross/rock, Hold, Recover, Hold,**

**sailor ¼ turn right**

**1-4**

**Cross/rock right over left, hold,**

**Rock/recover weight back on left sweeping right foot around at 12.00, Hold**

□□□□□□□□ , □ , □□□□□□□□ , □ (□□ 12□□ )

**5-8**

**Cross right behind left starting ¼ turn**

**right, step left next to right, step forward on right 3.00**

□□□□□□□□ , □□ 90□□□□□□ , □□□□ (□□ 3□□ )

□□□

**Fwd coaster step, Hold, Right coaster**

**cross, Hold**

**1-4**

**Step left forward, Step right beside left,**

**Step left back, Hold 3.00**

□□□□ , □□□□ , □□□□ , □ (□□ 3□□ )

**5-8**

**Step right back, Step left beside right,**

**Cross/step right over left, Hold 3.00** □□□□ , □□□□ , □□□□□□□□ , □ (□□ 3□□ )

□□□

**Left**

**scissor step, Hold, ¾ turn left, R fwd, Pivot ¼ turn**

**1-4**

**Step left to left side, Step right beside**

**left, Cross/step left over right, Hold 3.00**

□□□□ , □□□□ , □□□□□□□□ , □ (□□ 3□□ )

**5-8**

**Step right to right side turning ¼ turn left,**

**Step left back turning ½ turn left, Step right forward, Pivot ¼ turn left**

**taking weight onto left 3.00**

□□□□□□ 90□ , □□□□□□ 180□ , □□□□ , □□□ 90□□□□□□ (□□ 3□□ )

□□□

**Shuffle R fwd, ½ R shuffle back, ¼**

**R chasse right, Cross/rock L, Recover**

**1&2**

**Step right slightly forward, Step left**

**beside, Step right slightly forward 3.00**

□□□□ , □□□□ , □□□□ (□□ 3□□ )

**3&4**

**Make a ½ turn right & step left slightly back, Step right beside**

**left, Step left slightly back 9.00**

□□ 180□□□□□□ , □□□□ , □□□□ (□□ 9□□ )

**5&6**

**Make a ¼ turn right & step right slightly right, Step left beside**

**right, Step right slightly right 12.00**

□□ 90□□□□□□ , □□□□ , □□□□ (□□ 12□□ )

**7-8**

**Cross/rock left over right, Rock/recover weight on right 12.00**

□□□□□□□□ , □□□□ (□□ 12□□ )

**(for alternate steps on shuffles do toe**

**struts or step holds)**

□□□□□□□□ , □□□□ , □□□□ , □□□□

□□□□

$\frac{1}{4}$

**turn L shuffle L fwd,  $\frac{1}{2}$  L shuffle back,  $\frac{1}{4}$  left chasse**

**left, Cross/rock R, Recover**

**1&2**

**Make a  $\frac{1}{4}$  turn left & step left slightly**

**forward, Step right beside left, Step left slightly forward 9.00**

□□ 90□□□□□□ , □□□□ , □□□□ (□□ 9□□ )

**3&4**

**Make a  $\frac{1}{2}$  turn left & step right slightly back, Step left beside**

**right, Step right slightly back 3.00**

□□ 180□□□□□□ , □□□□ , □□□□ (□□ 3□□ )

**5&6**

**Make a  $\frac{1}{4}$  turn left & step left slightly to left, Step right beside**

**left, Step left slightly to left 12.00**

□□ 90□□□□□□ , □□□□ , □□□□ (□□ 12□□ )

7-8

**Cross/rock right over left, Rock/recover weight onto left 12.00**

□□□□□□□□ , □□□□ (□□ 12□□ )

(for alternate steps on shuffles do toe

struts or step holds)

□□□□□□□□ , □□□□ , □□□□ , □□□□

□□□

**Side rock R, Recover, Rock R back,**

**Recover, R fwd, ¼ pivot, R fwd, ¼ pivot**

1-4

**Rock/step right to right, Rock/recover weight**

**onto left, Rock/step right back, Rock/recover weight onto left 12.00**

□□□□□□ , □□□□ , □□□□□□ , □□□□ (□□ 12□□ )

5-8

**Step right forward, Pivot ¼ left taking**

**weight onto left, Step right forward, Pivot ¼ left taking weight onto left**

6.00

□□□□ , □□□□ 90□□□□□□ , □□□□ , □□□□ 90□□□□□□ (□□ 6□□ )

□□□

**Rock R fwd, Recover, Rock R back,**

**Recover, R fwd, ¼ pivot, R fwd, ¼ pivot**

1-4

**Rock/step right forward, Rock/recover weight**

**onto left, Rock/step right back, Rock/recover weight onto left 6.00**

□□□□ , □□□ , □□□□ , □□□ (□□ 6□□ )

**5-8**

**Step right forward, Pivot ¼ left taking**

**weight onto left, Step right forward, Pivot ¼ left taking weight onto left**

**12.00**

□□□□ , □□□ 90□□□□□□ , □□□□ , □□□ 90□□□□□□ (□□ 12□□ )

□□□

**R toe strut, Rock L side, Recover,**

**L toe strut, Rock R side, Recover**

**1-4**

**Touch right toe forward, Drop right heel**

**taking weight onto right, Rock/step left to left, Recover weight onto right**

□□□□ , □□□□□□□□ , □□□□□ , □□□□

**5-8**

**Touch left toe forward, Drop left heel taking**

**weight onto left, Rock/step right to right, Recover weight onto left**

□□□□□ , □□□□□□□□ , □□□□□ , □□□□

□□□

**Jazz Box, Stomp R, Stomp L, Clap x**

**2**



**1-4**

**Step left to left side, Step right behind**

**left, Step left to left side, Touch right beside left 12.00**

□□□□ , □□□□□□□□ , □□□□ , □□□□ (□□ 12□□ )

**5-8**

**Take weight onto right bending left knee, Hold, Take weight onto left**

**bending right knee, Hold 12.00**

**(Shake hands like they are wet on counts 5-8)**

□□□□□□□□□□ , □ , □□□□□□□□□□ , □

(□□□□□□□□□□ , □□□□□□□□□□ , □□□□□□□□□□ )

□□□

**mso-font-kerning:0pt">¼ turn, Touch,**

**¼ turn, Touch shimmying shoulders X 2**

**1-2**

**Step right forward turning ¼ turn left, Touch**

**left beside right (Shimmy shoulders) 9.00**

□□ 90□□□□□□□□ , □□□□□□ (□□□□□□□□ ) (□□ 9□□ )

**3-4**

**Step left to left turning ¼ turn left, Touch**

**right beside left (Shimmy shoulders) 6.00**

□□ 90□□□□□□□□ , □□□□□□ (□□□□□□□□ ) (□□ 6□□ )

**5-6**

**Step right forward turning ¼ turn left, Touch**

**left beside right (Shimmy shoulders) 3.00**

□□ 90□□□□□ , □□□□ (□□□□ ) (□□ 3□□ )

**7-8**

**Step left to left turning ¼ turn left, Touch**

**right beside left (Shimmy shoulders) 12.00**

□□ 90□□□□□ , □□□□ (□□□□ ) (□□ 12□□ )

□□□

**mso-font-kerning:0pt">R side, Hold raising R arm, Point R hand to front,**

**Hold, Bump hips R,L**

**1-4**

**Step right to right side, Hold while you**

**raise right arm to right and above head (arm is straight) 12.00**

□□□□ , □ (□□□□□□□□ , □□ ) (□□ 12□□ )

**5-8**

**Lower right arm in front of you and point to**

**the front, Hold, Bump hips right left 12.00**

□□□□□□□□ , □ , □□□ , □□□ (□□ 12□□ )

□□□

**mso-font-kerning:0pt">Triple steps x 4 turning 1/8 left**

**1&2**

**Step right slightly to right, Step in place**



**Step in place left, right 9.00 (or step touch) (right hand hitch a ride)**

□□ 45□□□□□□ , □□□ , □□ 45□□□□□□ (□□□□□□□□□□ ) (□□ 9□□ )

**3&4**

**Step left slightly to left, Step in place right, left 9.00 (left hand**

**hitch a ride)**

□□□□□□ , □□□ , □□□ (□□□□□□□□□□ ) (□□ 9□□ )

**5-8**

**Stomp right to right side looking to 12.00 wall,**

**Hold (hands go out at waist height on stomp) 9.00**

□□□□□□ (□□ 12□□ ) , □ (□□□□□□□□□□ ) (□□ 9□□ )

□□□

**mso-font-kerning:0pt">Cross/rock L, Recover, Chasse left, Cross/rock R,**

**Recover, Chasse right ¼ turn**

**1-2**

**Cross/rock left over right, Rock/recover**

**weight onto right 9.00**

□□□□□□□□□□ , □□□□ (□□ 9□□ )

**3&4**

**Step left to left side, Step right beside left, Step left to left side**

**9.00 □□□□ , □□□□ , □□□□ (□□ 9□□ )**

**5-6**

**Cross/rock right over left, Rock/recover weight onto left 9.00**

□□□□□□□□ , □□□□ (□□ 9□□ )

**7&8**

**Step right to right side, Step left beside**

**right, Step right to right side turning ¼ turn right 12.00**

□□□□ , □□□□ , □□□□□□ 90□ (□□ 12□□ )

□□□

**Step L fwd, ½ turn heel taps, Walk fwd R,L,R, kick left**

**fwd**

**1-4**

**Step left forward, make a ½ turn right**

**tapping heels 3 times finishing with weight on left 6.00**

□□□□ , □□ 180□□□□□□ , □□□□□□□□ (□□ 6□□ )

**5-8**

**Step forward right, left, right, kick left**

**forward 6.00**

□□ -□ , □ , □ , □□□□ (□□ 6□□ )

□□□

**L side, Cross/step, L side, Kick, R side, Cross/step, R**

**side, Kick**

**1-4**

**Facing left corner step left to left side,**

**Cross/step right over left, step left to left, kick right at 45 deg R 6.00**

□□□□□□□□ , □□□□□□□□ , □□□□ , □□□ 45□□□ (□□ 6□□ )

5-8

Facing right corner step right to right side, Cross/step left over

right, Step right to right, kick left at 45 deg L 6.00

□□□□□□□□ , □□□□□□□□ , □□□□ , □□□ 45□□□ (□□ 6□□ )

\*\*(These 8 counts are your tag. You repeat

these steps at this stage of the dance on the 2nd and 3rd time you perform

B)\*\*

□□□ 8□□ Tag, □□□□□□□□ B□□□ , □□□□□□

□□□

mso-font-kerning:0pt">L side, Cross/step, L side, Kick, R side, Cross/step, R

side, 1/2 Hinge turn L stepping to left

1-4

Facing left corner step left to left side,

Cross/step right over left, step left to left, kick right at 45 deg R 6.00

□□□□□□□□ , □□□□□□□□ , □□□□ , □□□ 45□□□ (□□ 6□□ )

5-8

Step right to right side, Cross/step left over right, Step right to

right, Make a 1/2 turn left on right & step left to left 12.00

□□□□ , □□□□□□□□ , □□□□ , □□ 180□□□□□ (□□ 12□□ )

\*(The 1st time you perform B, Touch left

beside right on count 8 to restart C facing the back wall)\*



**Note: Don't be afraid of the size**

**of this dance, the steps are quite simple and the music (once you know the song) guides you all the way.**

**You just need some energy to get through it.**

**Have fun, relax and enjoy.**

□□□□□□□□□□ , □□□□□□□□ , □□□□□ , □□□□□□

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