

LIGHT IN OUR SOUL

LINEDANCE.COM

Count: 40

Wall: 4

Level: Intermediate level

Choreographer: Ross Brown (UK) Aug 07

Music: The Light In Our Soul by Helena Paparizou

SIDE ROCK, BEHIND $\frac{1}{4}$ TURN LEFT STEP, STEP, TOUCH, & HEEL, & STEP

- 1-2** Rock right to the right, recover onto left.
- 3&4** Cross step right behind left, make a $\frac{1}{4}$ turn left stepping forward with left, step forward with right.
- 5-6** Step forward with left, touch right beside left.
- &7&8** Step back with right, tap left heel forward, step left beside right, step forward with right.

ROCK FORWARD, $\frac{1}{2}$ TURN LEFT SHUFFLE, WALK, WALK, KICK BALL CROSS

- 1-2** Rock forward with left, recover onto right.
- 3&4** Shuffle a $\frac{1}{2}$ turn left stepping; left, right, left.
- 5-6** Walk forward; right, left.
- 7&8** Kick right foot forward to right diagonal, step right next to left, cross step left over right.

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK $\frac{1}{4}$ TURN RIGHT, SHUFFLE FORWARD

- 1-2** Rock right to the right, recover onto left.
- 3&4** Cross step right over left, close left up to right, cross step right over left.
- 5-6** Rock left to the left, make a $\frac{1}{4}$ turn right recovering onto right.
- 7&8** Step forward with left, close right up to left, step forward with left.

THREE $\frac{1}{4}$ TURN LEFT PADDLE TURNS, STEP FORWARD, TOGETHER

- 1-2** Step forward with right, pivot a $\frac{1}{4}$ turn left. (Use Hips)
- 3-4** Step forward with right, pivot a $\frac{1}{4}$ turn left. (Use Hips)
- 5-6** Step forward with right, pivot a $\frac{1}{4}$ turn left. (Use Hips)

7-8 Step forward with right, step left next to right. Restarts: On walls 4 and 6, restart the dance after completing this section.

ROCK BACK, CHASSE RIGHT, ROCK BACK, SIDE ROCK & CROSS

- 1-2** Rock back with right, recover onto left.

- 3&4** Step right to the right, close left up to right, step right to the right.
- 5-6** Rock back with left, recover onto right.
- 7&8** Rock left to the left, recover onto right, cross step left over right.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=65525