

# Crank It Up

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Larry Bass (Aug 2014)

**Music:** "Crank it Up" by Colt Ford

**There is a Restart after 16 counts on wall 4. Restart the dance on the (3:00) wall.**

**Tag:4 count on the (6:00) wall after the 9th repetition.**

**KICK-OUT-OUT, HIP ROLL, BUMP LEFT; HIP WITH  $\frac{1}{4}$  TURN BUMP FORWARD, FORWARD TRIPLE STEP**

- 1&2** Kick Right forward, Step Right to right side, Touch Left to left side keeping weight on Right
- 3-4** Push hips forward & around counter clockwise; Bumping hips left
- 5-6** Push hips forward & around clockwise; Turn  $\frac{1}{4}$  turn right while bumping hips forward (3:00)
- &7&8** Push hips back onto Left, Triple step forward Right, Left, Right

**HIP WALK,  $\frac{1}{2}$  TURN, HIP WALK; ROLLING FORWARD  $\frac{3}{4}$  TURN; CROSSOVER TRIPLE STEP**

- 1&2** Step Left forward bumping hips forward, back, forward
- &** Turn  $\frac{1}{2}$  turn right on ball of Left (9:00)
- 3&4** Step Right forward bumping hips forward, back, forward
- 5** Rolling forward, turn  $\frac{1}{2}$  turn right & step Left back (3:00)
- 6** Turn  $\frac{1}{4}$  turn right & step Right to right (6:00)
- 7&8** Step Left across Right, Step Right to right, Step Left across Right

**(Restart here on 4th wall)**

**STEP RIGHT, ROCK RECOVER, STEP LEFT; SAILOR STEP, SAILOR STEP  $\frac{1}{4}$  TURN**

- 1** Step Right to right
- 2-3** Rock Left back; Recover forward onto Right
- 4** Step Left to left
- 5&6** Sailor step Right, Left, Right
- 7&8** Step Left behind Right, Turn  $\frac{1}{4}$  turn left & step Right to right, Step Left to left (3:00)

**TWO PIVOT  $\frac{1}{2}$  TURNS; ROLL FORWARD; & STEP & STEP**

- 1-2** Step Right forward; Pivot ½ turn left onto Left (9:00)
- 3-4** Step Right forward; Pivot ½ turn left onto Left (3:00)
- 5** Rolling forward, turn ½ turn left & step Right back (9:00)
- 6** Turn ½ turn left & step Left forward (3:00)
- &7** Step Right slightly forward, Step Left beside Right
- &8** Step Right slightly forward, Step Left beside Right

### **Start Over**

**Tag: ROCK FORWARD; ROCK BACK**

- 1-2** Rock Right forward; Recover back onto Left
- 3-4** Rock Right back; Recover forward onto Left

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