

# FOR THE FIRST TIME

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**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Michael Vera-Lobos

**Music:** For The First Time by Kenny Loggins

## **STEP BACK, STEP BACK, CROSS, HOLD, STEP BACK, STEP SIDE, CROSS, ¼ LEFT**

**1-4** Step back left, step back right, cross step left over right, hold

**5-8** Step back right, step left to left, cross step right over left, turn ¼ left on left (9:00)

## **STEP FORWARD, ½ RAISE/DROP, ROCK BACK, ROCK FORWARD, FULL TURN FORWARD, STEP FORWARD, ¾ PIVOT**

**1-4** Step forward right, pivot ½ left raising heels & dropping weight on right, rock back left, rock forward on right (3:00)

**5-8** Travel forward - turn full turn forward right stepping left then right, step forward left, pivot ¾ right end weight right (12:00)

## **ROCK FORWARD, HOLD, ROCK BACK, STEP BESIDE, STEP FORWARD, ½ RIGHT, ½ RIGHT, STEP FORWARD**

**1-4** Rock forward left, hold, rock back right, step left beside right

**5-8** Travel forward - step forward right, turn ½ right stepping on left, turn a further ½ right stepping on right, step forward on left

## **ROCK FORWARD, HOLD, ROCK BACK, STEP BESIDE, ROCK FORWARD, ROCK BACK, ½ LEFT, ½ LEFT & SWEEP**

**1-4** Rock forward right, hold, rock back on left, step right beside left

**5-8** Rock forward left, rock back on right, turn back ½ left stepping on left, turn back a further ½ left stepping on right sweeping left to left side (12:00)

## **BEHIND, SIDE, CROSS ROCK, HOLD, ROCK BACK, STEP SIDE, CROSS ROCK, HOLD**

**1-4** Travel right - cross left behind right, step right to right side, cross rock left over right, hold

**5-8** Travel left - rock back right, step left to left, cross rock right over left, hold

## **STEP BACK, STEP BESIDE, STEP FORWARD, ½ TWIST, ½ TWIST, STEP, TOUCH BEHIND, FULL UNWIND**

**1-4** Step back left, step right beside left, step forward left, twist ½ right

**5-8** Twist  $\frac{1}{2}$  left (end weight left), travel forward -step forward onto right, touch left toe behind right, unwind full turn left end weight left (end weight left facing 12:00)

**STEP FORWARD,  $\frac{1}{4}$  PIVOT LEFT, CROSS,  $\frac{1}{4}$  RIGHT,  $\frac{1}{4}$  RIGHT, CROSS,  $\frac{1}{4}$  LEFT,  $\frac{1}{4}$  LEFT**

**1-4** Step forward right, pivot  $\frac{1}{4}$  left, cross right over left, turn  $\frac{1}{4}$  right stepping back on left (12:00)

**5-8** Turn a further  $\frac{1}{4}$  right stepping onto right, cross left over right, turn  $\frac{1}{4}$  left stepping back on right, turn a further  $\frac{1}{4}$  left ending with left to left side (9:00)

**CROSS LUNGE, HOLD, ROCK BACK, STEP SIDE, CROSS, STEP SIDE,  $\frac{1}{2}$  HINGE LEFT,  $\frac{1}{2}$  HINGE LEFT**

**1-4** Cross lunge right over left, hold, rock back on left, step right to right side

**5-8** Travel right - cross left over right, step right to right, hinge  $\frac{1}{2}$  left stepping onto left, hinge a further  $\frac{1}{2}$  left stepping onto right

**REPEAT**

**TAG**

**Tag occurs before wall 1, then at the end of walls 2,4 &5**

**1-4** Rock forward left, hold, rock back right, turn  $\frac{1}{2}$  left on left

**5-8** Step forward right,  $\frac{1}{2}$  pivot left, rock forward right, hold

**1-4** Rock back left,  $\frac{1}{2}$  right on right, step forward left, pivot  $\frac{1}{2}$  right

**5-8** Travel forward - step forward left, turn  $\frac{1}{2}$  left stepping onto right, turn  $\frac{1}{2}$  left stepping onto left, step forward on right

**FINISH**

**You will be facing back wall, start dance until count 8, hold for the words the first time, continue to count 22 to the front wall and then step forward & drag on final count.**