

# No Apology

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**Count:** 48      **Wall:** 4      **Level:** High Intermediate

**Choreographer:** Maggie Gallagher (January 2018)

**Music:** This Is Me by Keala Settle from The Greatest Showman (Amazon)

## Intro: 16 counts

### S1: SIDE, $\frac{1}{8}$ COASTER, CROSS SIDE BACK, BACK SIDE FORWARD, WALK

1      Long step to left side dragging right to meet left

**2&3 $\frac{1}{8}$  right stepping back on right, Step left next to right, Step forward on right [1:30]**

4&5      Cross left over right,  $\frac{1}{8}$  left stepping right to right side,  $\frac{1}{8}$  left stepping back on left [10:30]

6&7      Step back on right,  $\frac{1}{4}$  left stepping left to left side,  $\frac{1}{8}$  left stepping forward on right [6:00]

8      Walk forward on left

### S2: $\frac{1}{2}$ PIVOT, WALK, TRIPLE FULL TURN & PRESS, RECOVER & BACK

**1-2 $\frac{1}{2}$  pivot right, Walk forward on left [12:00]**

**3&4 $\frac{1}{2}$  left stepping back on right,  $\frac{1}{2}$  left stepping forward on left, Step forward on right**

&5-6      Step left next to right, Press forward on right, Recover on left

&7      Step right next to left, Step back on left

### S3: $\frac{1}{2}$ SHUFFLE, $\frac{3}{4}$ SWEEP, BEHIND SIDE CROSS, SIDE, BACK ROCK SIDE, BACK ROCK

**8&1 $\frac{1}{2}$  right stepping forward on right, Step left next to right, Step forward on right [6:00]**

**2 $\frac{3}{4}$  right stepping back on left ronde sweeping right from front to back [3:00]**

3&4      Cross right behind left, Step left to left side, Cross right over left

5-6&      Step left to left side, Cross rock right behind left, Recover on left

7-8&      Step right to right side, Cross rock left behind right, Recover on right

### \*Restart Wall 3 \* - \*Tag & Restart Wall 7

### S4: $\frac{1}{4}$ WALK, RUN RUN, $\frac{1}{4}$ WALK, $\frac{1}{4}$ SWEEP, CROSS, BACK SIDE CROSS, POINT

**1-2& $\frac{1}{4}$  left walking forward on left,  $\frac{1}{8}$  left running forward on right,  $\frac{1}{8}$  left running forward on left [9:00]**

**3-4<sup>1</sup>/<sub>4</sub> left walking forward on right, <sup>1</sup>/<sub>4</sub> left stepping forward on left ronde sweeping right from back to front [3:00]**

**5-6&** Cross right over left, Step back on left, Step right to right side

**7-8** Cross left over right, Point right to right side

**S5: TOUCH & HEEL & CROSS & HEEL & CROSS, SIDE TOUCH SIDE TOUCH SIDE**

**1&2&** Touch right next to left, Step back slightly on right, Tap left heel to left diagonal, Step left in place

**3&4&** Cross right over left, Step back slightly on left, Tap right heel to right diagonal, Step right in place

**5-6&** Cross left over right, Step right to right side, Touch left next to right

**7&8** Step left to left side, Touch right next to left, Step right to right side

**S6: <sup>1</sup>/<sub>4</sub> COASTER, STEP, <sup>1</sup>/<sub>2</sub> PIVOT, <sup>1</sup>/<sub>4</sub> SIDE ROCK & SWAY, SWAY**

**1&2<sup>1</sup>/<sub>4</sub> left stepping back on left, Step right next to left, Step forward on left [12:00]**

**3-4** Step forward on right, <sup>1</sup>/<sub>2</sub> pivot left [6:00]

**5-6&<sup>1</sup>/<sub>4</sub> left rocking right to right side, Recover on left, Step right next to left [3:00]**

**7-8** Sway left, Sway right

**TAG: At the end of Wall 1 facing [3:00]**

**1-2** Sway left, Sway right

**3-4** Sway left, Sway right

**\*RESTART: After 24 counts (end of S3) on Wall 3 facing [9:00]**

**\*\*TAG & RESTART: On Wall 7 after 24 counts (end of S3) facing [9:00]**

**1-2** Sway left, Sway right

**Then Restart the dance facing [9:00]**

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