

# BEHIND TIME

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**Count:** 56

**Wall:** 4

**Level:** intermediate

**Choreographer:** Jan Wyllie

**Music:** The Heart Stops The Clock by James Bonamy

- 1-4** Rock back on right, rock forward on left, rock forward on right, rock back on left
- 5-6** Stepping right, left execute a full turn to the right moving backwards
- 7&8** Making a  $\frac{1}{2}$  turn to the right shuffle back right, left, right
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- 9-10** Rock forward on left, rock back on right
- 11&12** Shuffle backwards left, right, left executing a  $\frac{1}{2}$  turn left
- 13&** Scuff right forward, step forward onto right
- 14&** Touch right toe behind left, step onto left foot behind right
- 15** Touch right heel forward
- &16** Step right beside left, step left forward
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- 17-20** Rock right to right, step left to left, step right across in front of left, hold
- 21-22** Rock/step left to left, rock/step right to right
- 23&24** Stamp left beside right, step right slightly back, step forward on left
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- 25-26** Rock forward on right, rock back on left
- 27&28** Shuffle back right, left, right
- 29-30** Touch left toe back, pivot  $\frac{1}{2}$  turn left transferring weight to left
- 31-32** Step forward on right, pivot  $\frac{1}{2}$  turn left transferring weight to left
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- 33-36** Swaying hips rock back on right, forward on left, back on right, forward on left
- 37&38-39&40** Shuffle forward right, left, right left, right, left

- 41-44**      Swaying hips rock back on right, forward on left, back on right, forward on left
- 45-46**      Step forward on right, pivot  $\frac{1}{4}$  left
- 47&48**      Hold, stamp right, left
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- 49-50**      Touch right heel to right diagonal, step right beside left
- 51-52**      Touch left heel to left diagonal, step left beside right
- 53&**      Touch right heel to right diagonal. Touch right toe across in front of left
- 54**      Touch right heel to right diagonal
- 55-56**      Rock forward on right while raising left heel, rock back on left

**REPEAT**