

# One Way Or Another

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**Count:** 32      **Wall:** 2      **Level:** Beginner Cha Cha

**Choreographer:** Adrian Helliker (16 July 2015)

**Music:** One Way Or Another – Dave Sheriff. Album: Undecided

## **Intro: 32 counts**

### **[1-8] STEP SIDE R, TOGETHER, SHUFFLE SIDE R, CROSS ROCK, SHUFFLE L WITH ¼ TURN**

- 1-2**      Step right to right side, step left beside right
- 3&4**      Step right to right side, close left beside right, step right to right side
- 5-6**      Cross rock left over right, recover on right
- 7&8**      Step left to left side turning ¼ left, step right beside left, step forward left

### **[9-16] RIGHT FORWARD ROCK & RECOVER, CHA CHA RIGHT IN PLACE, LEFT BACK ROCK & RECOVER LEFT CHA CHA IN PLACE**

- 1-2**      Rock right forward, recover onto left
- 3&4**      Cha cha in place stepping (Right-Left-Right)
- 5-6**      Rock back on left, recover onto right
- 7&8**      Cha cha in place stepping (Left-Right-Left)

### **[17-24] SIDE, BEHIND, ¼ TURN RIGHT, SHUFFLE, ½ TURN RIGHT, SHUFFLE**

- 1-2**      Step right to right side, left behind right
- 3&4**      Step right to right with ¼ turn to right, left lock behind right, right forward
- 5-6**      Step left forward making ½ turn right on right foot
- 7&8**      Left foot forward, lock right behind left, left forward taking weight on left

### **[25-32] SHUFFLE FORWARD RIGHT, ROCK & RECOVER, SHUFFLE LEFT BACK, ROCK & RECOVER**

- 1&2**      Step Right forward, Left beside Right, Step Right forward
- 3-4**      Rock left forward, Recover on right
- 5&6**      Step Left back, Right beside Left, Step Left back
- 7-8**      Rock Right back, Recover on Left