

Going Up The Country

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Count: 48 **Wall:** 4 **Level:** Improver

Choreographer: Carl Sullivan – Sydney – October 2017

Music: Going Up The Country by Canned Heat. Album: The Best Of Canned Heat

PATTERN: Each Sequence Turns $\frac{1}{4}$ Right

- 1-2 Step R fwd, Hook L foot behind R knee
- 3-4 Step L back, Hook R across L shin
- 5-6-7 Step R fwd, Lock-Step L behind R, Step R fwd
- 8 Scuff L fwd
- 1-2 Step L fwd, Hook R foot behind L knee
- 3-4 Step R back , Kick L fwd
- 5-6-7 Step L back, Step R beside L, Cross-step L over R (Coaster cross)
- 8 Hold
- 1-2 Step R to R, Hitch L knee
- 3-4-5 Step L to L, Cross R behind L, $\frac{1}{4}$ L Step L fwd - 9:00
- 6 Hold
- 7-8 Step R fwd, Pivot $\frac{1}{2}$ turn L onto L - 3:00
- 1-2 Step R fwd, Step L fwd
- 3-4 Twist both heels L, Twist both heel R
- 5-6 Step R fwd, Step L fwd
- 7-8 Bounce both heels twice as you turn $\frac{1}{2}$ R - 9:00

1-4R back Coaster (R, L, R), Scuff L fwd

- 5-8 Step L fwd, Lock-step R behind L, Step L fwd, Scuff R fwd
- 1-4 Step R fwd, Lock-step L behind R, Step R fwd, Scuff L fwd
- 5-6 Step L fwd, Pivot $\frac{1}{2}$ turn onto R - 3:00
- 7-8 Step L fwd, Hold

Tag & Restart facing 9:00

On 8th Wall - dance the first 16 counts and do a Coaster step instead of the Coaster Cross.

Then start from the beginning. The music stops but the count goes on & sequence begins again.

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