

Poco De Salsa

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Count: 64

Wall: 2

Level: Easy Intermediate - Contra or Line

Choreographer: Scott Blevins (Oct 2014)

Music: (I Feel Like) Busting Loose by Rebirth Brass Band. Album: Ultimate Rebirth Brass Band - iTunes

#32 count intro

Note: Dance starts with lines facing each other.

Line A - X X X X X X

Line B - X X X X X X

[1-8] HEEL, TOUCH, POINT, TOUCH, TRIPLE LEFT, TOUCH, HEEL, TOUCH, POINT, TOUCH, TRIPLE RIGHT

1&2&1) Touch L heel forward; &) Touch L next to R; 2) Point L to left; &) Touch L next to R

3&4&3) Step L to left; &) Step R next to L; 4) Step L to left; &) Touch R next to L

5&6&5) Touch R heel forward; &) Touch R next to L; 6) Point R to right; &) Touch R next to L

7&87) Step R to right; &) Step L next to R; 8) Step R to right

[9-16] CUMBIA, BEHIND, $\frac{1}{4}$, $\frac{1}{4}$, CUMBIA, BEHIND, $\frac{1}{4}$, $\frac{1}{4}$

1&21) Rock L behind R; &) Recover to R; 2) Step L to left

3&43) Step R behind L; &) Turn $\frac{1}{4}$ left stepping L forward; 4) Turn $\frac{1}{4}$ left stepping R to right

5&65) Rock L behind R; &) Recover to R; 6) Step L to left

7&87) Step R behind L; &) Turn $\frac{1}{4}$ left stepping L forward; 8) Turn $\frac{1}{4}$ left stepping R to right

[17-24] SALSA BASIC, LEFT SALSA TURN, BACK ROCK, RECOVER, FORWARD

1&21) Rock L forward; &) Recover to R; 2) Step L back

3&43) Rock R back; &) Recover to L; 4) Step R forward

5&65) Rock L forward; &) Recover to R; 6) Turn $\frac{1}{2}$ left stepping L forward

7&87) Turn $\frac{1}{2}$ left rocking back on R; &) Recover to L; 8) Step R forward

[25-32] SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER CROSS, LOCK STEP FWD, CHASE TURN

1&21) Rock L to left; &) Recover to R; 2) Step L forward/across R

3&43) Rock R to right; &) Recover to L; 4) Step R forward/across L

5&65) Step L forward; &) Step ball of R to L heel; 6) Step L forward

7&87) Step R forward; &) Turn $\frac{1}{2}$ left taking weight on L; 8) Step R forward

Note: On counts (1-6) you will be moving forward and crossing lines. You will pass your partner L shoulder to L shoulder.

Once you have completed the chase turn 7&8, you will be facing your partner again.

[33-40] SALSA BASIC WITH R SIDE ROCK, RIGHT SALSA TURN, BACK ROCK, RECOVER, FORWARD

1&21) Rock L forward; &) Recover to R; 2) Step L back

3&43) Rock R to right; &) Recover to L; 4) Step R next to L

5&65) Step L forward; &) Turn $\frac{1}{2}$ right taking weight on R; 6) Turn $\frac{1}{2}$ right stepping L back

7&87) Rock R back; &) Recover to L; 8) Step R forward

[41-48] SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS, LOCK STEP FWD, CHASE TURN

1&21) Rock L to left; &) Recover to R; 2) Step L forward/across R

3&43) Rock R to right; &) Recover to L; 4) Step R forward/across L

5&65) Step L forward; &) Step ball of R to L heel; 6) Step L forward

7&87) Step R forward; &) Turn $\frac{1}{2}$ left taking weight on L; 8) Step R forward

Note: On counts (1-6) you will be moving forward and crossing lines. You will pass your partner L shoulder to L shoulder.

Once you have completed the chase turn 7&8, you will be facing your partner again.

[49-56] ANGLE ROCK, RECOVER, BACK, SIDE, CROSS, ANGLE ROCK, RECOVER, BACK, SIDE, CROSS

1,2,3&4) Angle body left rocking L forward on an angle; 2) Recover to R; 3) Step L back; &) Step R to right squaring up to 12:00; 4) Step L across R

5,6,7&8) Angle body right rocking R forward on an angle; 6) Recover to L; 7) Step R back; &) Step L to left squaring up to 12:00; 8) Step R across L

[57-64] ¼ CROSS, ¼ BACK, BACK, ½ FORWARD, POINT, POINT, POINT, TOUCH

1,2,3,4) Turn ¼ left stepping L across R [9:00]; 2) Turn ¼ left stepping R back [6:00]; 3) Step L back; 4) Turn ½ right stepping R forward

5,6,7,8) Turn 1/8 right as you point L to left; 6,7) Repeat count 5 two more times; 8) Turn 1/8 right as you touch L next to R [6:00]

Note: On counts (1-4) you will be crossing lines. You and your partner will be almost back to back on 1, you will pass L shoulder to L shoulder as you step back on 2-3, you will be past each other on 4 facing opposite directions.

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