

# For Now On

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Improver - smooth rhythm

**Choreographer:** Sebastiaan Holtland (NL) Oct. 2015

**Music:** Good To Be Alive - Meghan Trainor (Cd: The Peanuts Movie 2015)

**Introduction: 16 counts, at the beat starts, start on approx. 09 sec. (No Tags or Restarts).**

**Part I. [1-8] Big Side Step, Back, Recover, Step, Lock, Step, ¼ L, Big Side Step, Back, Recover, ¼ L, Step, Lock, Step.**

- 1,2&** Step R big to R, Step L behind R, Recover back onto R.  
**3&4** Step L forward, Lock R behind L, Step L forward. (12:00)  
**5,6&** Making ¼ turn L (9) step R big to R, Step L behind R, Recover back onto R.  
**7&8** Making ¼ turn L (6) step L forward, Lock R behind L, Step L forward.

**PART II. [9-16] Fwd Mambo Step, Back Mambo Step, ½ Pivot Turn L, 3/8 Pivot turn L.**

- 1&2** Step R forward, Recover back onto L, Step R slightly back.  
**3&4** Step L back, Recover back onto R, Step L slightly forward.  
**5-6** Step R forward, pivot ½ Turn L (12) onto L.  
**7-8** Step R forward, pivot 3/8 Turn L onto L squaring up to (7.30)

**PART III. [17-24] Walks Fwd R-L, Anchor Step, Sweep, 1/8 L, Break Step, Recover, Big Step, Point & Hips R-L-R, Centre.**

- 1-2** Walk R forward, Walk L forward. (4.30)  
**3&** Locked R behind L take weight onto R, recover on L, recover on R  
**4** Making 1/8 turn L (6) sweep L from front to back.  
**5&6** Step L back, recover back onto R, Step L big forward.  
**7&8&** Point R out to R, Bump R hip R, Bump L hip L, Bump R hip R, hip to centre.

**PART IV. [25-32] Side, Behind, Side, Cross & Cross, Point & Point, ¼ L, Back Rock, Recover (Hips).**

- 1,2&** Step R to R, Step L behind R, Step R to R.  
**3&4** Step L across R, Step R slightly to R, Step L across R.

**5&6&** Point R out to R, Step R next to L, Point L out to L, Step L next to R.

**7-8** Making ¼ turn L (3) step R back (pull hips back), recover back onto L.

**REPEAT DANCE AND HAVE FUN!!!**

**Dance Edit, email: [smoothdancer79@hotmail.com](mailto:smoothdancer79@hotmail.com)**

**Last Update - 3rd. Nov. 2015**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=107517](https://www.linedance.com/index.php?f=dance_view&id=107517)