

# In My Head

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Nathan Gardiner (Scotland) May 2015

**Music:** In My Head by Jason Derulo

## **Intro: 16 counts start on vocals**

### **SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK BACK, RECOVER, KICK BALL CROSS**

**1-2&3**      Step right to right side, Step left behind right, Step right to right side, Cross step left over right

**4-5-6**      Step right to right side, Rock back on left, Recover on right

**7&8**        Kick left foot to left diagonal, Step ball of left next to right, Cross step right over left

### **SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK BACK, RECOVER, KICK BALL CROSS**

**1-2&3**      Step left to left side, Step right behind left, Step left to left side, Cross step right over left

**4-5-6**      Step left to left side, Rock back on right, Recover on left

**7&8**        Kick right foot to right diagonal, Step ball of right next to left, Cross step left over right

### **ROCKING CHAIR, STEP 1/2 LEFT, SHUFFLE FORWARD**

**1-2**         Rock forward on right, Recover on left

**3-4**         Rock back on right, Recover on left

**5-6**         Step forward on right, Turn 1/2 left

**7&8**         Step forward on right, Step left next to right, Step forward on right

### **ROCKING CHAIR, STEP 1/4 RIGHT, CROSS SHUFFLE**

**1-2**         Rock forward on left, Recover on right

**3-4**         Rock back on left, Recover on right

**5-6**         Step forward on left, Turn 1/4 right

**7&8**         Cross step left over right, Step right to right side, Cross step left over right

**Restart: On wall 4 dance the first 16 counts then restart the dance**

**Start Again.....Happy Dancing**

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