

# just Let it Go!

LINEDANCE.COM

**Count:** 48                      **Wall:** 2                      **Level:** Advanced

**Choreographer:** Guyton Mundy and Niels Poulsen (Aug 2014)

**Music:** Avril Lavigne - Let Me Go ft. Chad Kroeger (iTunes)

**Intro: Start after 16 counts (app. 18 secs into track). Weight on L.**

**\*1 EASY bridge: During wall 3 (starts facing 12:00), after 24 counts, facing 7:30, you have a 2 count bridge: Square up to 6:00 and add 2 slow sways R and L.**

**Then continue with the dance from count 25. □**

**NOTE! Do the dance to the full length version of the music (4.29 mins). There is a cut version circulating around but please don't do it to that. Thanks. □**

**[1 - 8] Fwd R, L mambo, ½ L sweep, behind side cross, ½ L sweep, behind turn step, rock & run**

**1 - 2&aStep fwd on R (1), rock fwd on L (2), recover back on R (&), step back on L (a) 12:00**

**3 - 4&aStep back on R turning ½ L and sweeping L to L side (3), cross L behind R (4), step R to R side (&), cross L over R (a) 6:00**

**5 - 6&aTurn ¼ L stepping back on R continuing to turn ¼ L sweeping L to L side (5), cross L behind R (6), turn ¼ R stepping fwd on R (&), step fwd on L (a) 12:00**

**7 - 8&aRock fwd on R (7), recover back on L (8), step back on R (&), step back on L (a) 3:00**

**[9 - 16] ¼ R lunge, 2 full turns L, behind side cross, lunge R, spin full turn L, vine ¼ R, step 3/8 R**

**1 - 2&aTurn ¼ R lunging R to R side (1), turn ¼ L stepping fwd on L (2), turn ½ L stepping back on R (&), turn ½ L stepping fwd on L (a) 3:00**

**3 - 4&aTurn ½ L stepping back on R continuing to turn ¼ L on R sweeping L to L side (3), cross L behind R (4), step R to R side (&), cross L over R (a) 6:00**

**5 - 6            Lunge R to R side (5), recover on L spinning a full turn L bringing R foot next to L during turn (6) 6:00**

**7&aStep R to R side (7), cross L behind R (&), turn ¼ R stepping fwd on R (a) 9:00**

**8&aStep fwd on L (8), turn 3/8 R onto R (&), step fwd on L (a) 1:30**

**[17 - 24] Rock R fwd, run back, ¼ R sway, 3 quick sways, ¼ R sweep, step lock step, 2 spiral turns**

**1 - 2&aRock fwd on R (1), recover back on L (2), step back on R (&), step back on L (a) 1:30**

**3 - 4&aTurn ¼ R stepping R to R side with a R sway (3), sway L (4), sway R (&), sway L (a) 4:30**

**5 - 6&aTurn 1/4 R onto R sweeping L fwd (5), step fwd on L (6), lock R behind L (&), step fwd on L (a) 7:30**

**7a8aStep fwd on R doing a full spiral turn L (7), step fwd on L (a) step fwd on R doing a full spiral turn L (8), step fwd on L (a) 7:30**

**[25 - 32] 1/8 L basic R, side behind sweep, behind side fwd, rock R fwd, back & ½ L into walk R L**

**1 - 2&aTurn 1/8 L stepping R to R side (1), step L behind R (2), cross R over L (&), step L to L side (a) 6:00**

**3 - 4&aCross R behind L sweeping L to L (3), cross R behind L (4), step R to R (&), step fwd on L (a) 6:00**

**5 - 6&aRock R fwd reaching L arm fwd (5), recover on L (6), step R back (&), turn ½ L onto L (a) 12:00**

**7 - 8 Walk fwd on R reaching R arm fwd (7), walk fwd on L reaching L arm fwd (8) 12:00**

**[33 - 40] Side R, back rock, 1/4 L, step ½ L, run R L, step ½ L, reverse ½ R, 1 ¼ R with sweep**

**1 - 2&aStep R to R side (1), rock back on L (2), recover on R (&), turn ¼ L stepping fwd on L (a) 9:00**

**3 - 4&aStep fwd on R (3), turn ½ L stepping onto L (4), run fwd on R (&), run fwd on L (a) 3:00**

**5 - 6 Step fwd on R (5), turn ½ L stepping onto L (6) 9:00**

**7&8Turn  $\frac{1}{2}$  R onto R (7), turn  $\frac{1}{2}$  R stepping back on L (&), turn  $\frac{1}{2}$  R onto R (a), turn  $\frac{1}{4}$  R stepping L to L side and sweeping R to R side (8) 6:00**

**[41 - 48] Behind sweep, behind side cross, full turn diamond, L coaster step**

**1 - 2&aCross R behind L sweeping L to L (1), cross L behind R (2), step R to R (&), cross L over R (a) 6:00**

**3 - 4&aStep R to R side (3), turn  $\frac{1}{8}$  L stepping back on L (4), step back on R (&), turn  $\frac{1}{4}$  L stepping L to L side (a) 1:30**

**5 - 6&aTurn  $\frac{1}{8}$  L stepping R to R side (5), turn  $\frac{1}{8}$  L stepping back on L (6), step back on R (&), turn  $\frac{1}{4}$  L stepping L to L side (a) 7:30**

**7 - 8&aTurn  $\frac{1}{8}$  L stepping R to R side (7), step back on L (8), step R next to L (&), step fwd on L (a) 6:00**

**Start again**

**Ending: You automatically end facing 12:00. Wall 6 is your final wall (starts facing 6:00). Your last step is count 31 so make it big! 12:00**

**Contacts: [guyton@funk-n-line.com](mailto:guyton@funk-n-line.com) - [niels@love-to-dance.dk](mailto:niels@love-to-dance.dk)**

**Last Update - 24th Sept 2014**