

Buttons and Bows

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Count: 48

Wall: 4

Level: Intermediate

Choreographer: Kenny Teh

Music: Buttons and Bows by LeCafe de l'Amour

Start dance on vocals (16 counts after the hard beat begins:.....)

Section A:

1&2 3&4 Shuffle RLR diagonally R, Shuffle LRL diagonally L

5 6 7 8 Skate RLRL / or Boggie walk

Section B:

1 2 3 4 R toe strut, L toe strut

5 6 7 8 ¼ R turn step back R, recover L, ½ L turn shuffle back RLR (3.00)

Section C:

1 2 3 4 Touch L toe beside R, touch L heel beside R, cross L over R, hold

5 6 7 8 Touch R toe beside L, touch R heel beside L, cross R over L, hold (3.00)

Section D:

1 2 3 4 Step L, hold, cross R over L, hold

5 6 7&8 Step L to L, cross R over L, step L to L, kick R

Section E:

1 2 3 4 Step R back, kick L, step L back, kick R

5 6 7 8 Step back RLRL

Section F:

1 2 3 4 Step R to R, step L to L, step R back to centre, step L back to centre

5 6 7 8 Repeat above

Restarts: 3rd and 6th Wall dance up to 32 counts and restart

Tag: 4th wall and 8th wall add 8 steps:

1 2 3 4 R to strut, L toe strut

5 6 7 8 R to strut, L toe strut

Repeat

ENDING:

End of the 8th Wall after the Tag: Add the following steps:

1 2 3 4 Step R, touch L beside R, Step L, touch R beside L

1 - 8 ¼ R turn, shuffle fwd RLR, hold, ½ L turn shuffle fwd LRL, hold

Do the above 8 counts three more times (32 counts in all)

1 2 3 4 Sweep R fwd, hold, sweep R back, hold

5 6 7 8 Step L back, step R beside L, step L fwd, hold

1 2 3 4 Sweep R fwd, hold, sweep R back, hold

5 6 7 8 Step L back, step R beside L, step L fwd, hold

1 2 3 4 Kick R over L, kick R diagonally R, kick R over L, kick R diagonally R,

5 6 7 8 Step R behind L, step L to L, cross R over L, hold

1 - 8 Mirror above steps

1 2 3 4 Sweep R fwd, hold, sweep R back, hold

5 6 7 8 Sweep L back, hold, sweep L fwd, hold

1 Kick / touch R fwd and pose.....

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