

# BREAK FREE

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Michael Vera-Lobos

**Music:** What About Me by Keith Urban

## **SIDE, BEHIND, & CROSS SHUFFLE, ¼ LEFT, ½ LEFT, ¼ SIDE SHUFFLE**

**1-2&3&4** Step right to right, cross left behind right, step ball of right to right & cross shuffle left over right

**5-6-7&8** Step right to right turning ¼ turn left, step back on left turning ½ turn left, turning ¼ turn left side shuffle right

## **ROCK BEHIND, ROCK FORWARD, HEEL & CROSS, STOMP SIDE, ¼ PIVOT, COASTER BACK**

**1-2-3&4** Rock left behind right, rock forward right, touch left heel to left side, step onto left crossing right in front

**5-6-7&8** Stomp left foot to left side, pivot ¼ turn right (end weight left), step back right, step left beside right, step forward right

## **STEP FORWARD, TOUCH, BALL STEP, TOUCH, KICK BALL CHANGE, FULL TURN FORWARD**

**1-2&3-4** Traveling forward - step forward left, touch right beside left, step back on ball of right stepping forward onto left, touch right beside left

**5&6-7-8** Kick right foot forward & step right beside left, step forward left, traveling forward turn full turn left stepping on right then left

## **STEP FORWARD, KICK FORWARD, COASTER STEP, STEP FORWARD, ½ PIVOT, ½ SHUFFLE**

**1-2-3&4** Step forward right, kick left foot forward, step back left, step right beside left stepping left foot forward

**5-6-7&8** Step forward right, pivot ½ turn left, turning a further ½ turn left shuffle right, left, right

## **ROCK BACK, ROCK FORWARD, SIDE ROCK CROSS, SIDE ROCK CROSS, STEP SIDE, ½ TURN**

**1-2-3&4** Rock back on left, rock forward on right, rock left to left side & rock weight center right, cross left over right

**5&6-7-8** Rock right to right side & rock center on left, cross right over left, step left to left side, turning ½ turn right step right to right side

**TOUCH FORWARD, TOUCH SIDE, SAILOR ¼ LEFT, STEP FORWARD, ½ PIVOT, STEP FORWARD, ¼ PIVOT**

**1-2-3&4** Touch left toe forward, touch left to left side, cross left behind right & rock right to right, step left to left turning ¼ turn left

**5-6-7-8** Step forward right, pivot ½ turn left, step forward right, pivot ¼ turn left

**TOUCH RIGHT HEEL FORWARD/TOE BACK, ¼ TWIST RIGHT, ¼ TWIST LEFT, STEP FORWARD, ½ RIGHT, ¼ SIDE SHUFFLE**

**1-2-3-4** Touch right heel forward, touch right toe back, twist heels ¼ turn right, twist heels ¼ turn left (end weight left)

**5-6-7&8** Step forward right, step forward left turning ½ turn right, turning a further ¼ turn right side shuffle right, left, right

**CROSS ROCK, RECOVER, SIDE, CROSS, SIDE, BEHIND, SIDE, TOUCH BESIDE**

**1-2-3-4** Cross rock left over right, rock back on right, traveling left-step left to left, cross right over left

**5-6-7-8** Traveling left - step left to left, cross right behind left, step left to left, touch right beside left

**REPEAT**

**TAG**

**Occurs at the end of wall 3**

**SHUFFLE FORWARD, STEP ½ TURN, ½ SHUFFLE, ROCK BACK, ROCK FORWARD**

**1&2-3-4** Shuffle forward right stepping right, left, right, step forward left, pivot ½ turn right

**5&6-7-8** Turning a further ½ turn right shuffle left, right, left, rock back on right, rock forward on left

**SHUFFLE FORWARD, STEP ½ TURN, ½ SHUFFLE, ROCK BACK, ROCK FORWARD**

**1&2-3-4** Shuffle forward right stepping right, left, right, step forward left, pivot ½ turn right

**5&6-7-8** Turning a further ½ turn right shuffle left, right, left, rock back on right, rock forward on left

**TO FINISH**

**Music will fade at front wall. Replace first 4 counts with**

**1-2&3-4** Side right, left behind, ball cross, stomp right to right side

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