

# FRICION

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**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Rob Fowler (Nov 07)

**Music:** Friction by Woody Bradshaw (CD: Lightening in a Bottle)

**KICK & TOUCH BACK, TWIST HEELS RIGHT LEFT RIGHT MAKING 1/2 TURN LEFT, (CROSS OUT, OUT X 2)**

**1&2 KICK RIGHT FORWARD, STEP RIGHT NEXT TO LEFT, TOUCH LEFT BACK**

**3&4 TWIST HEELS RIGHT, LEFT RIGHT MAKING 1/2 TURN LEFT (WEIGHT BACK ON RIGHT)**

**5&6 CROSS LEFT OVER RIGHT, STEP BACK RIGHT, STEP LEFT TO LEFT SIDE**

**7&8 CROSS RIGHT OVER LEFT, STEP BACK LEFT, STEP RIGHT TO RIGHT SIDE**

**LEFT COASTER STEP, STEP 3/4 TURN LEFT, SIDE ROCK, BEHIND SIDE CROSS**

**1&2 LEFT COASTER STEP**

**3&4 STEP FORWARD ON RIGHT, MAKE 3/4 TURN LEFT ON RIGHT**

**5-6 ROCK LEFT TO LEFT SIDE, RECOVER WEIGHT TO RIGHT**

**7&8 CROSS LEFT BEHIND RIGHT, STEP RIGHT TO RIGHT SIDE, CROSS LEFT OVER RIGHT**

**TOUCH OUT IN SIDE STEP RIGHT, SAILOR STEP, BEHIND SIDE CROSS TOUCH OUT IN SIDE STEP LEFT**

**1&2 TOUCH RIGHT TO RIGHT SIDE, TOUCH RIGHT NEXT TO LEFT, STEP RIGHT TO RIGHT SIDE**

**3&4 LEFT SAILOR STEP**

**&5-6 CROSS RIGHT BEHIND LEFT, STEP LEFT TO LEFT SIDE, CROSS RIGHT OVER LEFT**

**7&8 TOUCH LEFT TO LEFT SIDE, TOUCH LEFT NEXT TO RIGHT, STEP LEFT TO LEFT SIDE**

**RIGHT SAILOR STEP, BEHIND SIDE CROSS, TOUCH OUT IN KICK FORWARD IN SIDE ROCK TOGETHER**

**1&2 RIGHT SAILOR STEP**

**3-4 STEP LEFT BEHIND RIGHT, STEP RIGHT TO RIGHT SIDE, CROSS LRFT OVER RIGHT**

**5&6& TOUCH RIGHT TO RIGHT SIDE, TOUCH RIGHT NEXT TO LEFT, KICK RIGHT FORWARD,  
STEP RIGHT IN PLACE**

**7-8 ROCK LEFT TO LEFT SIDE, RECOVER TO RIGHT, STEP LEFT NEXT TO RIGHT**

**FUNKY SHUFFLE BACK RIGHT THEN LEFT, COASTER STEP, LEFT SHUFFLE FORWARD**

**1&2 RIGHT SHUFFLE BACK WITH STRAGHT RIGHT LEG, BENDING LEFT KNEE**

**3&4 REPEAT 33 &34 WITH LEFT SHUFFLE BACK**

**5&6 RIGHT COASTER STEP**

**7-8 LEFT SHUFFLE FORWARD**

**RIGHT MAMBO, LEFT COASTER STEP, STEP TURN STEP, TRIPLE TURN FORWARD**

**1&2 ROCK FORWARD RIGHT, RECOVER, STEP RIGHT IN PLACE**

**3&4 LEFT COASTER STEP**

**5 &6 STEP FORWARD RIGHT, 1/2 TURN LEFT, STEP FORWARD RIGHT**

**7 &8 MAKE 1/2 TURN RIGHT STEP BACK ON LEFT, MAKE 1/2 TURN RIGHT STEP FORWARD ON  
RIGHT, STEP FORWARD ON LEFT**

**START OVER**

**RESTART: RESTART AFTER COUNT 40 ON WALL 2 (SHOULD BE 12 O'CLOCK WALL)**