

American Spirit

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Michael O'Shea (IRL) November 2017

Music: 'American Spirit' by Thomas Rhett

#16 count intro.

Fwd rock, side rock, behind, side, cross, sweep, fwd touch, back sweep, lock step back

1&2&rock right over left, replace weight to left, rock right to right side, replace weight to left

3&4&step right behind left, step left to left side, cross right over left, sweep left foot fwd

5&6&step onto left, tap right behind left heel, step back on right, sweep left foot back

7&8step back onto left, lock step right across left, step back left

Sweep, step, sweep, step, coaster step, shuffle fwd left, 1/4 turn cross

&1&2sweep back right, step onto right, sweep back left, step onto left

3&4step back right, close left to right, step fwd right

5&6shuffle fwd left, right, left

7&8step fwd right, turn 1/4 turn left, cross right over left

Side close forward, shuffle 1/4, step 1/4, diagonal, sailor step

1&2step left to left side, close right to left, step fwd left

3&4turning 1/4 turn left shuffle back right, left, right

5-6step left fwd 1/4 turn left, step right to right diagonal body angled to left diagonal

7&8rock left behind right, step out right, step out left

****RESTART HERE on walls 4 & 7 Changing counts 7&8 to 1/2 turn sailor step**

Behind, side, cross, side, back rock, side, behind, side, forward, step, 1/2 turn touch, step

1&2step right behind left, step left to left, step right over left, step left to left side

3&4rock back right, replace weight to left, step right to right side

5&6step left behind right, step right to right side, step fwd left

7&8step fwd right, turn 1/2 turn left touching left beside right, step fwd left

Begin Again.

RESTART with Step Change

On wall 4 (3:00) 1/2 turn the sailor step & restart facing 12:00

&wall 7 (6:00) Again 1/2 turn the sailor step & restart facing 3:00

Ending: On the last wall, 1/4 turn the sailor step back to 12:00 for a perfect finish.

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Released at Dance Crazy's Wild Atlantic Weekend Event.