

On My Mind

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Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Dwight Meessen - July 2017

Music: "On My Mind" by Disciples (single) 128 bpm

Start after 16 counts on the word 'Lost'

S1: Walk Fwd x2, Shuffle Fwd, Cross, Side, Sailor

1-2RF step forward, LF step forward

3&4RF step forward, LF step beside, RF step forward

5-6LF cross over, RF step side

7&8LF cross behind, RF step beside, LF step side [12]

S2: Cross, Hinge $\frac{1}{2}$ R, Point, $\frac{1}{4}$ L Fwd, Full Turn L, $\frac{1}{4}$ L Side/Dip

1-4RF cross over, LF $\frac{1}{4}$ right step back, RF $\frac{1}{4}$ right step side, LF point side

5-7LF $\frac{1}{4}$ left step forward, RF $\frac{1}{2}$ left step back, LF $\frac{1}{2}$ left step forward

8RF $\frac{1}{4}$ left step side dipping down and rise again and body turned slightly left [12]

S3: Point, Side/Dip, Diag. Point, Kick Ball Cross, $\frac{1}{4}$ L Back, Chassé

1-3LF point left forward, LF step side dipping down and rise again, RF point right forward

4&5RF kick forward, RF step beside on ball foot, LF cross over

6RF $\frac{1}{4}$ left step back

7&8LF step side, RF together, LF step side [9]

S4: Point Across, Together, Heel Across, Hold, Point, Hold, Behind, Unwind Full Turn L

1-2RF point across, RF together

3-6LF dig heel across, hold, LF point side, hold

7-8LF cross behind, L+R full turn left [9]

S5: Walk Fwd x3, Point, Walk Bkw x3, Point

1-4LF step forward, RF step forward, LF step forward, RF point side

5-8RF step back, LF step back, RF step back, LF point side [9]

S6: Rolling Vine Into ¼ L Shuffle Fwd, Rock Fwd Recover, Step Lock Step Bkw

1-2LF ¼ left step forward, RF ½ left step back

3&4LF ½ left step forward, RF step beside, LF step forward

5-6RF rock forward, LF recover

7&8RF step back, LF lock across, RF step back [6]

S7: ½ L Fwd, ¼ L Side, Sailor, Cross, Side, ⅛ R Back, Point/Snap

1-2LF ½ left step forward, RF ¼ left step side

3&4LF cross behind, RF step beside, LF step side

5-6RF cross over, LF step side

7-8RF ⅛ right step back(option: with body roll), LF point forward and snap fingers [10.30]

S8: Fwd, Touch Behind, Back, Point/Snap, Fwd, ⅛ L Point, Behind, Unwind Full Turn R

1-2LF step forward, RF point behind

3-4RF step back (option: with body roll), LF point forward and snap fingers

5-6LF step forward, RF ⅛ left point side

7-8RF cross behind, R+L full turn right [9]

Start again