

Just One Reason

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Count: 48

Wall: 4

Level: Intermediate / Advanced WCS

Choreographer: Niels Poulsen (April 2014)

Music: Give Me One Reason by Tracy Chapman

Note: The steps are fairly easy but the syncopations (= timing) make the dance int/adv

Intro: 48 count intro (32 secs. into track). Start with weight on L foot

NOTE! - NO TAGS - NO RESTARTS!!!

Styling tip: Take small steps when doing all your fast syncopated steps. It gives you time to do them!... ☐

[1 - 8] Side kick ball step (Shorty George), syncopated R mambo with big back step, drag, ball cross $\frac{1}{4}$ R, run $\frac{1}{4}$ L X 2

- 1&2** Kick R a low kick to R side going up on the ball of L (1), step down on L foot again and stepping R slightly fwd (&), step L fwd (2) (or do a normal side kick ball step fwd) 12:00
- &3&** Rock fwd on R (&), recover back on L (3), step R a BIG step backwards (&) 12:00
- 4 - 5** Drag L towards R (4), drag L next to R (5) 12:00
- &6** Turn $\frac{1}{4}$ R stepping L a small step to L side (&), cross R over L (6) 3:00
- 7&8&** Turn $\frac{1}{4}$ L stepping L a small step fwd (7), step R a small step fwd (&), turn $\frac{1}{4}$ L stepping L a small step fwd (8), step R a small step fwd (&) 9:00

[9 - 16] $\frac{1}{4}$ L sweeping across, R samba step, weave, L sailor $\frac{1}{4}$ cross

- 1 - 2** Turn $\frac{1}{4}$ stepping fwd L and sweeping F fwd (1), sweep R across L (2) 6:00
- 3&4** Cross R over L (3), rock L to L side (&), recover on R (4) 6:00
- 5 - 6** Cross L over R (5), step R to R side (6) 6:00
- 7&8** Cross L behind R (7), turn $\frac{1}{4}$ L stepping R a tiny step to R side (&), cross L over R (8) 3:00

[17 - 24] R scissor, syncopated L vine with big side step, drag, ball cross, side rock, weave

- 1&2** Step R to R side (1), step L behind R (&), cross R over L (2) 3:00
- &3&** Step L to L side (&), cross R behind L (3), step L a BIG step to L side (&) 3:00
- 4 - 5** Drag R towards L (4), drag R next to L (5) 3:00

&6 Step down on R and next to L (&), cross L over R (6) 3:00

7&8& Rock R to R side (7), recover on L (&), cross R over L (8), step L to L side (&) 3:00

[25 - 32] R behind with sweep L, L sailor ¼ prep, 1 ½ turn R, step ¼ R

1 - 2 Cross R behind L sweeping L to L side (1), sweep L behind R (2) 3:00

3&4 Step L down behind R (3), turn ¼ L stepping R next to L (&), step fwd on L turning body slightly L to prepare for upcoming turn to the R (4) 12:00

5 - 7 Turn ½ R stepping R fwd (5), turn ½ R stepping L back (6), turn ½ R stepping R fwd (7) 6:00

&8 Step fwd on L (&), turn ¼ R stepping R to R side (8) 9:00

[33 - 40] Cross, R side rock, kick cross point and bend, drag, ball step, L rock fwd, run back L R

1 - 2& Cross L over R (1), rock R to R side (2), recover on L (&) 9:00

3&4& Kick R fwd and slightly over L foot (3), step R slightly in front of L (&), bend in R knee and quickly pointing L to L side (4), straighten R Knee starting to drag L next to R (&) 9:00

5&6 Drag L next to R (5), step L slightly behind R (&), step fwd on R (6) 9:00

7&8& Rock L fwd (7), recover back on R (&), run back L (8), run back R (&) 9:00

[41 - 48] Big L step back, drag R, ball walk L R, fwd L, swivel R&L ½ R, step touch back and fwd

1 - 2 Step L a BIG step back and start dragging R towards L (1), drag R next to L (2) 9:00

&3 - 4 Step down on R (&), walk L fwd (3), walk R fwd (4) 9:00

5&6 Step L fwd (5), swivel R heel L and as much of a ½ turn R as you can with your foot (&) swivel L heel L and a ½ turn L making sure that both feet have now turned ½ R (6) ... Note: weight L 3:00

7&8& Step R diagonally back R (7), touch L next to R (&), step L diagonally fwd L (8), touch R next to L (&) 3:00

Start again! And enjoy the COOL music...

Ending (option) 8th wall is your last wall (starts facing 9:00). To end facing 12:00 do up to count 36 (you're now facing 6:00)

following the slowing down of the music from count 37-40 then add these steps:

1 - 2 Point L back (7), turn ½ L stepping onto L (2) 12:00

3&4&5½ L stepping R back (3), ½ L stepping L fwd (&), run R fwd (4), run L fwd (&), run R fwd (5) 12:00

Contact: niels@love-to-dance.dk - www.love-to-dance.dk

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