

# Love This Pain

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**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Adrian Helliker (Fr) 2010

**Music:** Love This Pain by Lady Antebellum. CD: Need You Now

## INTRO: 32 COUNTS

### [1-8] ROCK, RECOVER, COASTER STEP, STEP PIVOT, STOMP X2

- 1-2      Rock forward on left, recover onto right
- 3&4      Step back on left, close right beside left, step forward on left
- 5-6      Step forward on right, pivot half turn to left
- 7-8      Right stomp, left stomp

### [9-16] RIGHT SCISSOR STEPS, LEFT SCISSOR STEPS

- 1&2      Right to right side, left beside right, right cross in front of left
- 3&4      Left to left side, right beside left, left cross in front of right
- 5&6      Right to right side, left beside right, right cross in front of left
- 7&8      Left to left side, right beside left, left cross in front of right

### [17-24] LINDY RIGHT, ROCK BACK, RECOVER, LINDY LEFT, ROCK BACK, RECOVER

- 1&2      Shuffle to the right, R, L, R
- 3-4      Rock back on left, recover on right
- 5&6      Shuffle to the left, L, R, L
- 7-8      Rock back on right, recover on left

### [25-32] STEP, LOCK, STEP, SCUFF X2

- 1-2      Step right in front, lock left behind right
- 3-4      Step right in front, left scuff forward
- 5-6      Step left in front, right lock behind left
- 7-8      Step left in front, right scuff forward

### [33-40] ROCK FORWARD, RECOVER, STEP BACK, HOLD, ROCK BACK, RECOVER, STEP FORWARD, HOLD

- 1-2      Rock forward on right, recover onto left

- 3-4** Step back on right - hold
- 5-6** Rock left back, recover onto right
- 7-8** Step forward on left - hold

**[41-48] JAZZ BOX WITH 1/4 TURN, WEAWE WITH POINT**

- 1-2** Cross right in front of left, step back onto left
- 3-4** Make  $\frac{1}{4}$  turn to the right, left beside right
- 5-6** Right cross in front of left, left to left side
- 7-8** Right behind left, left points to the left side

**TAG: 12 COUNT TAG AT THE END OF WALL 6**

**WEAWE WITH POINT X2, CROSS POINTS X2**

- 1-2** Left cross in front of right, right to right side
- 3-4** Left behind right, right points to the right side
- 5-6** Right cross in front of left, left to left side
- 7-8** Right behind left, left points to the left side
- 9-10** Left cross in front of right, right points to the right side
- 11-12** Right cross in front of left, left points to the left side